

# Torrance High School All Comers Meet - # 1

**Date:** December 13, 2014

**Time:** Events begin at 9:00 AM - stadium opens at 8:00 AM

**Location:** Zamperini Stadium  
2125 Lincoln Ave. Torrance, Ca. 90501

**Entries:** Open to all

**Entry Fee:** \$5.00 per athlete (unlimited entries for all participants)

**Admission:** \$5.00 – Adults

Children and Students free (not competing)

**Spikes:** 3/16" needle spikes required (set of 14 for sale \$2.00)

**Schedule of Events:** We will start at 9 am with the 4x1, L.J., H.J., P.V., and S.P. The other events will follow the order, but time will be determined by number of individuals in each event.

## Automatic timing provided by Speeding Bullet

### Running Events

400 Meter Relay  
1500 Meters  
60m HH -Boys  
60m HH - Girls  
600 Meters  
100 Meters  
60 Meters  
800 Meters  
300 LH  
300 Meters  
3000 Meters  
1600 Meter Relay

### Field Events

Long Jump (9 - 10:30 AM)  
Triple Jump – (will follow Long Jump)  
High Jump – 3'6" opening, raised in 2" increments  
Pole Vault – 5'6" opening, raised in 3" increments  
Shot Put – mixed flights  
Discus – Not competed

**Reminders: Coaches** feel free to time your athletes and help run the meet smoothly by having your athletes listen for the calls to report for their races. This is a great time to do as much coaching during a competitive environment.

**Information:** [www.thstf.com](http://www.thstf.com), or contact Kyle Irvine at [isa4522@sbcglobal.net](mailto:isa4522@sbcglobal.net) , cell -310-283-1878

