

## **FROSH/SOPH**

### **High Jump**

Opening Heights Girls: 3'8 Boys: 4'6

Girls will start at 5:00 pm and boys will start at 6:30 pm

### **Pole Vault**

Opening Heights Girls: 6'0 Boys: 7'0

Girls will start at 4:30 pm and boys will follow

### **Long Jump**

Boys will start at 4:30 pm and it will be open pit for an hour and 15 minutes

Girls will start at 5:45 pm and it will be open pit for an hour and 15 minutes

### **Triple Jump**

It will start at 7:00 pm. Boys will be on one pit and girls will be on the other pit.

### **Discus**

Boys will start at 4:45 pm and girls will start at 6:00 pm

### **Shot Put**

Girls will start at 4:45 pm and boys will start at 6:00 pm

## **VARSITY**

### **High Jump**

Opening Heights Girls: 4'0 Boys: 5'0

Girls will start at 6:00 pm and boys will start at 7:30 pm

### **Pole Vault**

Opening Heights Girls: 7'0 Boys: 9'6

Girls will start at 5:30 pm and boys will follow

### **Long Jump**

Boys will start at 5:30 pm and it will be open pit for an hour and 15 minutes

Girls will start at 6:45 pm and it will be open pit for an hour and 15 minutes

### **Triple Jump**

It will start at 8:00 pm. Boys will be on one pit and girls will be on the other pit.

### **Discus**

Boys will start at 5:45 pm and girls will start at 7:00 pm

### **Shot Put**

Girls will start at 5:45 pm and boys will start at 7:00 pm