

South Bay Championships - 4/24/2009 to 4/25/2009

W. Torrance High School

Performance List

Event 131 Girls 100 Meter Dash Invite F/S

Name	School	Seed Time
1 McKinley, Taji	Santa Monica	
2 Sams, Nyesha	Narbonne	
3 Sledge, Erin	Peninsula	
4 Narayan, Karishma	Santa Monica	
5 Vlahakis, Randie	Redondo	
6 Fu, Julianne	Peninsula	
7 Zeigler, Tahjinique	Narbonne	
8 Mercurio, Vanessa	Peninsula	
9 Ballard, Lauryn	Narbonne	
10 Metcalfe, Paige	Redondo	
11 Powell, Nicole	Bishop Mntgm	
12 Overby, Jordan	North Torran	
13 Hawkins, Taylor	Narbonne	
14 Smith, Sydney	Peninsula	
15 Soberano, Arianne	Bishop Mntgm	
16 Woo, Erika	Peninsula	
17 Reyes, Kristen	Torrance	
18 Martin, Sabrina	Inglewood	
19 Narfgren, Ellen	Santa Monica	
20 Goldberg, Samantha	Redondo	
21 Durko, Avery	Palos Verdes	
22 Matthews, Ravelle	Peninsula	
23 Langford, Leah	Redondo	
24 Powell, Keyana	Narbonne	Alt
25 McMillian, Imani	Bishop Mntgm	
26 Benson, Kirby	Mira Costa	Alt
27 Christman, Alyson	Palos Verdes	Alt
28 Ryan, Cashe'	Inglewood	Alt
29 Jelks, Devona	Santa Monica	Alt
30 Tolan, Madison	Palos Verdes	Alt
31 Hill, Taylor	South Torran	Alt
32 Dabney, Tanis	Palos Verdes	Alt
33 Irwin, Karli	Palos Verdes	Alt
34 Vallejo, Veronica	Narbonne	Alt
35 Appell, Lillana	South Torran	Alt
36 Heisey, rebecca	South Torran	Alt
37 Lee, Dani	West Torranc	Alt
38 Barry, Ruth	Redondo	Alt
39 Kranz, Emiko	West Torranc	Alt
40 Nam, Jasmine	South Torran	Alt
41 Solorzano, Andrea	West Torranc	Alt
42 Faulkner, Jazmine	Westchester	Alt

Event 143 Girls 200 Meter Dash Champ F/S

Name	School	Seed Time
1 McKinley, Taji	Santa Monica	
2 Sams, Nyesha	Narbonne	
3 Taylor, Kaylyn	Peninsula	
4 Kliewer, Cassandra	Santa Monica	
5 Zeigler, Tahjinique	Narbonne	
6 Smith, Brianna	Santa Monica	
7 Foland, Taylor	Mira Costa	
8 Duffey, Deja	Inglewood	

9 Beaudoin, De'Chelle	Inglewood	
10 Hawkins, Taylor	Narbonne	
11 Gilbertson, Taylor	Chadwick	
12 Sledge, Erin	Peninsula	
13 Mercurio, Vanessa	Peninsula	
14 Stoneburner, Jacqueline	Chadwick	
15 Hutchinson, Jade	Narbonne	
16 Powell, Keyana	Narbonne	
17 Narfgren, Ellen	Santa Monica	
18 Hough, Carolina	El Segundo	
19 Morgan, Montana	Chadwick	
20 Barnett, Charlotte	Mira Costa	
21 Rivera, Allana	El Segundo	
22 Lam, Carol	Peninsula	
23 Fu, Julianne	Peninsula	
24 Durko, Avery	Palos Verdes	Alt
25 Smith, Sydney	Peninsula	Alt
26 Benson, Kirby	Mira Costa	
27 Ryan, Cashe'	Inglewood	Alt
28 Metcalfe, Paige	Redondo	Alt
29 Powell, Nicole	Bishop Mntgm	Alt
30 Overby, Jordan	North Torran	Alt
31 Mercado, Isa	Santa Monica	Alt
32 Soberano, Arianne	Bishop Mntgm	Alt
33 Reyes, Kristen	Torrance	Alt
34 Hill, Jeremisha	Narbonne	Alt
35 Tolan, Madison	Palos Verdes	Alt
36 Weaver, Meghan	El Segundo	Alt
37 Langford, Leah	Redondo	Alt
38 Vlahakis, Randie	Redondo	Alt
39 Kranz, Emiko	West Torranc	Alt
40 Whitcombe, Sarah	Palos Verdes	Alt
41 Boswell, Santana	Redondo	Alt
42 McMillian, Imani	Bishop Mntgm	Alt
43 Charles, Jasmine	Bishop Mntgm	Alt
44 Snowden, Tyler	Bishop Mntgm	Alt
45 Nam, Jasmine	South Torran	Alt
46 Hill, Taylor	South Torran	Alt
47 Appell, Lillana	South Torran	Alt
48 Faulkner, Jazmine	Westchester	Alt

Event 127 Girls 400 Meter Dash Champ F/S

Name	School	Seed Time
1 Kemp, Wamika	Narbonne	
2 Omuziligbo, Maya	Narbonne	
3 Taylor, Kaylyn	Peninsula	
4 Foland, Taylor	Mira Costa	
5 Hadidjaja, Latysha	San Pedro	
6 Smith, Brianna	Santa Monica	
7 Barnett, Charlotte	Mira Costa	
8 Kliewer, Cassandra	Santa Monica	
9 Abdulrahoof, Ruqayyah	Peninsula	
10 Speroni, Samantha	Chadwick	
11 Kummer, Hannah	Santa Monica	
12 Baker, Jessica	Redondo	
13 Clemons, Lisa	Narbonne	

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Event 127 ...(Girls 400 Meter Dash Champ F/S)

Name	School	Seed Time
14 Durko, Avery	Palos Verdes	
15 Tournat, Madelyn	Chadwick	
16 Carr, Roneice	Inglewood	
17 Wooley, Megan	Palos Verdes	
18 Trimble, Adilah	Inglewood	
19 Hough, Carolina	El Segundo	
20 Campbell, Allie	Mira Costa	
21 Morgan, Kate	Peninsula	
22 Janes, Rachel	Redondo	
23 Bracey, Nina	Santa Monica	
24 Garza, Hannah	El Segundo	
25 Magana Gamero, Mari	Santa Monica	Alt
26 Murry, Kearra	Redondo	Alt
27 Johnson, Ashlee	Narbonne	Alt
28 Matthews, Ravelle	Peninsula	Alt
29 Ramirez, Olivia	Palos Verdes	Alt
30 Horton, Kaitlyn	West Torranc	Alt
31 Faulkner, Jazmine	Westchester	Alt

Event 135 Girls 800 Meter Run Champ F/S

Name	School	Seed Time
1 Farello, Anna	El Segundo	
2 Dubin, Hilary	Santa Monica	
3 Gonzalez, Evelyn	San Pedro	
4 Salinger, Elizabeth	Torrance	
5 Koba, Kaitlin	North Torran	
6 Tong, Jenna	Mira Costa	
7 Keller, Sara	Palos Verdes	
8 Hazeltine, Danielle	Redondo	
9 Tamura, Nicole	El Segundo	
10 Abdulrahoof, Ruqayyah	Peninsula	
11 Nabeshima, Millie	South Torran	
12 Allen, Stephanie	North Torran	
13 Thibodeau, Alexis	Redondo	
14 Hill, Kala	Narbonne	
15 Segura, Mandie	El Segundo	
16 Davis, Deanna	North Torran	
17 Morris, Calene	Torrance	
18 Yopp, Kayla	North Torran	
19 Cafilisch, Suzanne	Mira Costa	
20 Sato, Devin	Torrance	
21 Moran, Erica	South Torran	
22 Brannan, Karlee	Torrance	
23 Morgan, Kate	Peninsula	
24 Quan, Olivia	Peninsula	
25 Omuziligbo, Maya	Narbonne	
26 Chapman, Allison	North Torran	
27 Walden, Ericka	Torrance	
28 Kim, Stephanie	Redondo	
29 Kim, Amy	Peninsula	
30 Takashima, Kailee	South Torran	
31 Almeida, Cali	South Torran	
32 Kabbani, Nour	Redondo	
33 Sloss, Angela	West Torranc	

34 Davis, Megan	West Torranc	
35 Kelty, Paige	West Torranc	
36 Leventen, Cameron	Santa Monica	
37 De La Torre, Elizabeth	Redondo	
38 Garza, Hannah	El Segundo	
39 Horton, Kaitlyn	West Torranc	Alt
40 Marcus, Colleen	El Segundo	Alt
41 Lou, Channing	Redondo	Alt
42 Vezina, Macy	El Segundo	Alt
43 Perez, Brisa	West Torranc	Alt
44 Takeuchi, Emily	North Torran	Alt
45 Iwakiri, Alicia	North Torran	Alt
46 Lin, Michelle	Peninsula	Alt
47 Kim, Ann	West Torranc	Alt
48 Inoue, Lisa	Redondo	Alt
49 Desmond, Alyssa	West Torranc	Alt
50 Pejic, Isidora	North Torran	Alt
51 Farahdel, Doreen	Santa Monica	Alt
52 Guerrero Salazar, Kim	Santa Monica	Alt
53 Duan, Kathrine	West Torranc	Alt
54 Kohanzadeh, Hannah	Santa Monica	Alt
55 Sugimoto, Marina	Peninsula	Alt
56 Quinn, Laura A.	Peninsula	Alt
57 Cain, Lilly	Santa Monica	Alt
58 Harris, Cassie	North Torran	Alt
59 Gwon, Eunice	Peninsula	Alt
60 Thordarson, Kirstin	Peninsula	Alt
61 Woodman, Colleen	Torrance	Alt
62 Ozawa, Hare	North Torran	Alt

Event 120 Girls 1600 Meter Run Champ F/S

Name	School	Seed Time
1 Gonzalez, Evelyn	San Pedro	
2 Bark, Danika	Palos Verdes	
3 Desmond, Alyssa	West Torranc	
4 Koba, Kaitlin	North Torran	
5 Kagei, Michelle	Palos Verdes	
6 Davis, Deanna	North Torran	
7 Grove, Annie	Bishop Mntgm	
8 Morris, Calene	Torrance	
9 Sandoval, Yvette	Mira Costa	
10 Thibodeau, Alexis	Redondo	
11 Armato, Gabby	Mira Costa	
12 Sato, Devin	Torrance	
13 Quan, Olivia	Peninsula	
14 Berkin, Emily	Santa Monica	
15 Iwakiri, Alicia	North Torran	
16 Chapman, Allison	North Torran	
17 Hazeltine, Danielle	Redondo	
18 Takeuchi, Emily	North Torran	
19 Allen, Stephanie	North Torran	
20 Carrera, Ashley	San Pedro	
21 Moran, Erica	South Torran	
22 Davis, Megan	West Torranc	
23 Webber, Kimberly	Palos Verdes	
24 Vezina, Macy	El Segundo	

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Event 120 ... (Girls 1600 Meter Run Champ F/S)

Name	School	Seed Time
25 Brannan, Karlee	Torrance	
26 Kim, Amy	Peninsula	
27 Maeda, Nicole	Mira Costa	
28 Walden, Ericka	Torrance	
29 Yarema, Valerie	Chadwick	
30 Horton, Kaitlyn	West Torranc	
31 Sloss, Angela	West Torranc	
32 Almeida, Cali	South Torran	
33 Perez, Brisa	West Torranc	
34 Takashima, Kailee	South Torran	
35 Brondial, Kirsten	Palos Verdes	
36 De La Torre, Elizabeth	Redondo	
37 Speyer, Cameron	Santa Monica	
38 Mendoza, Michelle	West Torranc	
39 Calfas, Jen	Chadwick	
40 Wang, Alisa	West Torranc	
41 Wright, Renee	Torrance	
42 Kim, Stephanie	Redondo	
43 Denyer, Poppy	Santa Monica	Alt
44 Peresini, Marissa	Torrance	Alt
45 Inoue, Lisa	Redondo	Alt
46 Strong, Alexia	West Torranc	Alt
47 Livingston, Morgan	Mira Costa	Alt
48 Kabbani, Nour	Redondo	Alt
49 Martel, Kelsie	Mira Costa	Alt
50 Stuart, Hayley	South Torran	Alt
51 Bondelli, Talia	Mira Costa	Alt
52 Lou, Channing	Redondo	Alt
53 Gwon, Eunice	Peninsula	Alt
54 Lin, Michelle	Peninsula	Alt
55 Thordarson, Kirstin	Peninsula	Alt
56 Harris, Cassie	North Torran	Alt
57 Hilger, Angelina	Bishop Mntgm	Alt
58 Hoffman, Mary	Bishop Mntgm	Alt
59 Choi, Moonui	Peninsula	Alt
60 Rand, Katherine	Peninsula	Alt
61 Carlo, Antoinette	Bishop Mntgm	Alt
62 Henry, Megan	Bishop Mntgm	Alt
63 Campbell, Maggie	Bishop Mntgm	Alt
64 Jacota, Diana	Bishop Mntgm	Alt
65 Valenzuela, Sofia	Bishop Mntgm	Alt

Event 145 Girls 3200 Meter Run F/S

Name	School	Seed Time
1 Locke-Henderson, Sarah	Mira Costa	
2 Freiburger, Megan	El Segundo	
3 Stone, Sophia	Palisades	
4 Kelty, Paige	West Torranc	
5 Koba, Kaitlin	North Torran	
6 Rodriguez, Jackie	West Torranc	
7 Garcia, Lorena	San Pedro	
8 Berkin, Emily	Santa Monica	
9 Almeida, Cali	South Torran	
10 Davis, Deanna	North Torran	

11 Takashima, Kailee	South Torran
12 Iwakiri, Alicia	North Torran
13 Chapman, Allison	North Torran
14 Gagnon, Lauren	Palos Verdes
15 De La Torre, Elizabeth	Redondo
16 Quan, Olivia	Peninsula
17 Wright, Renee	Torrance
18 Bandel, Jennifer	Mira Costa
19 Cvitanic, Lucia	Mira Costa
20 Wasserman, Alice	Santa Monica
21 Peresini, Marissa	Torrance
22 Wong, Amanda	Torrance
23 Woodman, Colleen	Torrance
24 Quinn, Laura A.	Peninsula
25 Lin, Michelle	Peninsula
26 Sugimoto, Marina	Peninsula

Event 124 Girls 100 Meter Hurdles Champ F/S

Name	School	Seed Time
1 Martin, Sabrina	Inglewood	
2 Kantrowitz, Sara	South Torran	
3 Logan, Sarah	Redondo	
4 Heisey, rebecca	South Torran	
5 Ginoza, Maggie	Mira Costa	
6 Curren, Annika	Palos Verdes	
7 Pena, Tatiana	West Torranc	
8 Honaker, Sara	South Torran	
9 Mills, Megan	Mira Costa	
10 Jaen, Danielle	Peninsula	
11 Dean, Alexandra	South Torran	
12 Burgos, Erin	Peninsula	
13 Tra, Julie	Palos Verdes	
14 Guerro, Jessica	Torrance	
15 Martin, Kylie	Redondo	
16 Gurevich, Anna	Peninsula	
17 Thomas, Jenicie	Redondo	Alt
18 Goluya, Christine	Torrance	Alt
19 Granados, Tatiana	Redondo	Alt
20 Montan, Carly	Mira Costa	Alt
21 Pena, Melissa	Torrance	Alt
22 Barnes, Kiera	Narbonne	Alt
23 Spencer, Cassidy	Torrance	Alt
24 Wilson, Melanie	Narbonne	Alt
25 Bix, Sarah	West Torranc	Alt
26 Ma, Jillene	Peninsula	Alt
27 Kim, Kaylyn J.	Peninsula	Alt
28 Gianvecchio, Crystal	Peninsula	Alt

Event 137 Girls 300 Meter Hurdles Champ F/S

Name	School	Seed Time
1 Heisey, rebecca	South Torran	
2 Hulbert, Victoria	South Torran	
3 Martin, Sabrina	Inglewood	
4 Honaker, Sara	South Torran	
5 Farentinos, Nina	West Torranc	
6 Logan, Sarah	Redondo	

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Event 137 ... (Girls 300 Meter Hurdles Champ F/S)

Name	School	Seed Time
7 Hilton, Irene	Mira Costa	
8 Pena, Tatiana	West Torranc	
9 Curren, Annika	Palos Verdes	
10 Granados, Tatiana	Redondo	
11 Ginoza, Maggie	Mira Costa	
12 Gurevich, Anna	Peninsula	
13 Martin, Kylie	Redondo	
14 McGlothen-Shannon,	Redondo	
15 Thomas, Jenicie	Redondo	
16 Sarmiento, Katrina	Bishop Mntgm	
17 Tra, Julie	Palos Verdes	Alt
18 Ma, Jillene	Peninsula	Alt
19 Guererro, Jessica	Torrance	Alt
20 Snowden, Tyler	Bishop Mntgm	Alt
21 Montan, Carly	Mira Costa	Alt
22 Jaen, Danielle	Peninsula	Alt
23 Spencer, Cassidy	Torrance	Alt
24 Pena, Melissa	Torrance	Alt
25 Burgos, Erin	Peninsula	Alt
26 Barnes, Kiera	Narbonne	Alt
27 Goluya, Christine	Torrance	Alt
28 Lambert, Micah	El Segundo	Alt
29 Arjasbi, Kayla	El Segundo	Alt
30 Gadsby-Connick, Isabel	Santa Monica	Alt
31 Wilson, Melanie	Narbonne	Alt
32 Owens, Kaley	El Segundo	Alt
33 Kadkhoda, Tiana	Santa Monica	Alt
34 Abarbanel, Aliza	Santa Monica	Alt
35 Ouye, Lauren	Chadwick	Alt
36 Morgan, Montana	Chadwick	Alt
37 Suh, Ellen	Peninsula	Alt

Event 118 Girls 4x100 Meter Relay Champ F/S

Team	Relay	Seed Time
1 Santa Monica	A	
2 Chadwick	A	
3 Inglewood	A	
4 Narbonne	A	
5 Peninsula	A	
6 Redondo	A	
7 Bishop Mntgm	A	
8 Mira Costa	A	
9 South Torran	A	
10 West Torranc	A	
11 El Segundo	A	
12 Torrance	A	
13 Santa Monica	B	

Event 150 Girls 4x400 Meter Relay Champ F/S

Team	Relay	Seed Time
1 Santa Monica	A	
2 Mira Costa	A	
3 Peninsula	A	
4 Redondo	A	

5 Inglewood	A
6 El Segundo	A
7 Narbonne	A
8 Palos Verdes	A
9 West Torranc	A
10 North Torran	A
11 South Torran	A
12 Torrance	A
13 El Segundo	B

Event 109 Girls High Jump Champ F/S

Name	School	Seed Mark
1 Davis, Mika	Palos Verdes	
2 Lavoie, Evie	El Segundo	
3 Burke, Claire	Palos Verdes	
4 Brooks, Samantha	Chadwick	
5 Thayer, Elise	West Torranc	
6 Hill, Audrey	El Segundo	
7 McIntire, Kelsey	Mira Costa	
8 Lambert, Micah	El Segundo	
9 Fleming, Madalyn	West Torranc	
10 Abdulrahoof, Ruqayyah	Peninsula	
11 Burgos, Erin	Peninsula	
12 Weaver, Meghan	El Segundo	
13 Grassl, Erica	South Torran	
14 Gurevich, Anna	Peninsula	
15 Stantley, Elizabeth	Palos Verdes	
16 Ma, Jillene	Peninsula	
17 Machado, Grace	West Torranc	
18 Jaen, Danielle	Peninsula	
19 Kuroyama, Isabela C.	Peninsula	

Event 101 Girls Pole Vault Champ F/S

Name	School	Seed Mark
1 Carr, Laura	Palisades	
2 Gordon, Aleen	Palos Verdes	
3 Hext, Rebecca	Mira Costa	
4 Freeman, Jasmine	Redondo	
5 Morris, Calene	Torrance	
6 Johnson, Kaitlyn	Torrance	
7 Davis, Mika	Palos Verdes	
8 Burns, Meghan	Mira Costa	
9 Gonzalez, Vanessa	Redondo	
10 Vlahakis, Randie	Redondo	
11 Steele, Kayla	Redondo	
12 James, Hannah	Mira Costa	
13 Woo, Erika	Peninsula	
14 Chacon, Reina	Redondo	
15 Dunbar, Sandra Jay	Santa Monica	
16 Pezzullo, Franchesca	Santa Monica	

Event 103 Girls Long Jump Champ F/S

Name	School	Seed Mark
1 Mason, Bailey	Redondo	
2 Willard, Bree	Mira Costa	
3 Goldberg, Samantha	Redondo	

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Event 103 ... (Girls Long Jump Champ F/S)

Name	School	Seed Mark
4 Davis, Mika	Palos Verdes	
5 Lam, Carol	Peninsula	
6 Fleming, Madalyn	West Torranc	
7 Farentinos, Nina	West Torranc	
8 Villapando, Amanda	Mira Costa	
9 Burke, Claire	Palos Verdes	
10 Yates, Sabrina	Mira Costa	
11 Kitamura, Marin	Bishop Mntgm	
12 McGlothen-Shannon,	Redondo	
13 Stoneburner, Jacqueline	Chadwick	
14 Barnes, Kiera	Narbonne	
15 Lu, Yvonne	Santa Monica	
16 Park, Savannah	Santa Monica	
17 Gilbertson, Taylor	Chadwick	
18 Lee, Dani	West Torranc	
19 Tournat, Madelyn	Chadwick	
20 Gianvecchio, Crystal	Peninsula	
21 Oshiro, Hayley	South Torran	
22 Machado, Grace	West Torranc	
23 Christman, Alyson	Palos Verdes	
24 Calcagnotto, Gaby	Palos Verdes	
25 Pezzullo, Franchesca	Santa Monica	
26 Smith, Anna	Palos Verdes	Alt
27 Cotter, Kristen	Palos Verdes	Alt
28 Kranz, Emiko	West Torranc	Alt
29 Webb, Shari	Santa Monica	Alt
30 Duan, Kathrine	West Torranc	Alt
31 Aquino, Elisa	Santa Monica	Alt
32 Nelson, Anastasia	Redondo	Alt
33 Bartholomew, Ann	Peninsula	Alt
34 Kebir, Amel	West Torranc	Alt
35 Kim, Kaylyn J.	Peninsula	Alt
36 Nauden, Taylor	Narbonne	Alt

Event 107 Girls Triple Jump Champ F/S

Name	School	Seed Mark
1 Mason, Bailey	Redondo	
2 Davis, Mika	Palos Verdes	
3 Fleming, Madalyn	West Torranc	
4 Machado, Grace	West Torranc	
5 Park, Savannah	Santa Monica	
6 Willard, Bree	Mira Costa	
7 Christman, Alyson	Palos Verdes	
8 Lam, Carol	Peninsula	
9 Villapando, Amanda	Mira Costa	
10 Kim, Kaylyn J.	Peninsula	
11 Lee, Dani	West Torranc	
12 Stoneburner, Jacqueline	Chadwick	
13 Burke, Claire	Palos Verdes	
14 Yates, Sabrina	Mira Costa	
15 Smith, Anna	Palos Verdes	
16 Thayer, Elise	West Torranc	
17 Cotter, Kristen	Palos Verdes	
18 Gianvecchio, Crystal	Peninsula	

19 Nelson, Anastasia	Redondo
20 Bartholomew, Ann	Peninsula
21 Takis, Arianna	Redondo

Event 111 Girls Shot Put Champ F/S

Name	School	Seed Mark
1 Grassl, Erica	South Torran	
2 Nunn, Leah	Mira Costa	
3 Walker, Jessica	Santa Monica	
4 Smith, Anna	Palos Verdes	
5 Graham, Aubree	West Torranc	
6 Overton, Zaire	Santa Monica	
7 Pollack, Lindsay	Torrance	
8 Canlas, Jacqlin	Peninsula	
9 Makonnen, Welela	Santa Monica	
10 Avery, Domonique	Mira Costa	
11 Plever, Kylie	Santa Monica	
12 Gravett, Summer	Torrance	
13 Brown, Kathryn	Palos Verdes	
14 Brenk, Madison	Torrance	
15 Johnson, Jasmine	Mira Costa	
16 Basich, Celeste	Redondo	
17 Moore, Alexis	Torrance	
18 Bocarski, Bianka	Peninsula	
19 Morales, Amie	North Torran	
20 Abdulrahoof, Zafirah	Peninsula	
21 Yee, Chandler	Peninsula	
22 Liu, Jei	Palos Verdes	
23 Calcagnotto, Gaby	Palos Verdes	
24 Ford, Brittany	Narbonne	
25 Uzumcu, Selin	Palos Verdes	Alt
26 Cortis, Rhiannon	North Torran	Alt
27 Bix, Sarah	West Torranc	Alt
28 Boswell, Santana	Redondo	Alt
29 Aladen, Adrienne	Torrance	Alt
30 Solandt, Chloe	Palos Verdes	Alt
31 Eng, Stephanie	Peninsula	Alt
32 Byas, Sydney	North Torran	Alt
33 De La Cruz, Veronica	West Torranc	Alt
34 Gomez, Gaby	West Torranc	Alt
35 Campis, Shannon	West Torranc	Alt
36 Lobato, Victoria	Narbonne	Alt
37 Jackson, Charleta	Narbonne	Alt
38 Norman, Tori	Narbonne	Alt

Event 102 Girls Discus Throw Champ F/S

Name	School	Seed Mark
1 Grassl, Erica	South Torran	
2 Bix, Sarah	West Torranc	
3 Nunn, Leah	Mira Costa	
4 Graham, Aubree	West Torranc	
5 Brenk, Madison	Torrance	
6 Canlas, Jacqlin	Peninsula	
7 Brockway, Kelsey	Palos Verdes	
8 Johnson, Jasmine	Mira Costa	
9 De La Cruz, Veronica	West Torranc	

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Event 102 ... (Girls Discus Throw Champ F/S)

Name	School	Seed Mark
10 Aladen, Adrienne	Torrance	
11 Walker, Jessica	Santa Monica	
12 Pollack, Lindsay	Torrance	
13 Brown, Kathryn	Palos Verdes	
14 Gravett, Summer	Torrance	
15 Uzumcu, Selin	Palos Verdes	
16 Smith, Anna	Palos Verdes	
17 Moore, Alexis	Torrance	
18 Saemann, Shelby	Mira Costa	
19 Bocarski, Bianca	Peninsula	
20 Overton, Zaire	Santa Monica	
21 Plever, Kylie	Santa Monica	
22 Cortis, Rhiannon	North Torran	
23 Makonnen, Welela	Santa Monica	
24 Morales, Amie	North Torran	
25 Byas, Sydney	North Torran	Alt
26 Calcagnotto, Gaby	Palos Verdes	Alt
27 Williams, Rachel	El Segundo	Alt
28 Basich, Celeste	Redondo	Alt
29 Boswell, Santana	Redondo	Alt
30 Campis, Shannon	West Torranc	Alt
31 Abdulrahoof, Zafirah	Peninsula	Alt
32 Hite, Sabrina	Peninsula	Alt
33 Eng, Stephanie	Peninsula	Alt

Event 38 Women 100 Meter Dash Varsity

Name	School	Seed Time
1 Dotson, Ashlee	Mira Costa	
2 Goosby, Kayla	Torrance	
3 Anakwenze, Lisa A	Peninsula	
4 Davis, Ruby	Redondo	
5 Goosby, Kristina	Torrance	
6 Barrington, Sarah	Torrance	
7 Mayo, Tamekia	South Torran	
8 Reynolds, Janelle	South Torran	
9 Hurd, Dayna	Carson	
10 Garland, Isis	Inglewood	
11 Reneau, Tiffain	Inglewood	
12 Adama, Tyler	South Torran	
13 Lyons, Lizzie	Santa Monica	
14 B, Asia	Cal Aca M	
15 Wynter, Kerian	Leuzinger	
16 Abell, Megan	Torrance	
17 Harbor, Jennita Nicole	Peninsula	
18 Ojalvo, Marilyn	Palos Verdes	
19 White, Alexis	Westchester	
20 Mercado, Kim	Bishop Mntgm	
21 Davila, Rena'e	Mira Costa	
22 Miller, Haley	Redondo	
23 Reid, Ashton	Bishop Mntgm	
24 Burruss, Brittani	North Torran	
25 Wong, Kelly	Palos Verdes	Alt
26 Chong, Markisha	Westchester	Alt
27 Bassman, Shelby	Redondo	Alt

28 Long, Mariah	South Torran	Alt
29 Levesque, Gabriela	Santa Monica	Alt
30 Stoneburner, Lauren	Chadwick	Alt
31 Fleming, Blair	Peninsula	Alt
32 Dixon, Araya	Inglewood	Alt
33 Slocum, Tanea	North Torran	Alt
34 Williams, Tyler	Palisades	Alt
35 Currie, Annie	Carson	Alt
36 Stevens, Kina	South Torran	Alt
37 Bekele, Bethel	Santa Monica	Alt
38 Scarlett, Rachel	Redondo	Alt
39 VanNatta, Danielle	South Torran	Alt
40 Brown, Joi	South Torran	Alt
41 Frank, Knia	North Torran	Alt
42 Tave, Tasia	South Torran	Alt
43 Huerta, Kylie	West Torranc	Alt
44 Thomas, Katrina	North Torran	Alt
45 Wilson, Krystal	Vistamar	Alt
46 Shelby, Devrianna	North Torran	Alt
47 Johnson, Aisha	Westchester	Alt

Event 54 Women 200 Meter Dash Varsity

Name	School	Seed Time
1 Dotson, Ashlee	Mira Costa	
2 Reneau, Tiffain	Inglewood	
3 Garland, Isis	Inglewood	
4 Vallery, Ronisha	North Torran	
5 Mayo, Tamekia	South Torran	
6 Ncube, Lezinah	South Torran	
7 Hector, Keiko	Palos Verdes	
8 Meyer, Emily	Bishop Mntgm	
9 Long, Mariah	South Torran	
10 Anakwenze, Lisa A	Peninsula	
11 Dixon, Araya	Inglewood	
12 Goosby, Kayla	Torrance	
13 Davila, Rena'e	Mira Costa	
14 Wynter, Kerian	Leuzinger	
15 Adama, Tyler	South Torran	
16 Miller, Kierra	Carson	
17 Goosby, Kristina	Torrance	
18 Davis, Brielle	Bishop Mntgm	
19 Ojalvo, Marilyn	Palos Verdes	
20 Abell, Megan	Torrance	
21 Lyons, Lizzie	Santa Monica	
22 Wong, Kelly	Palos Verdes	
23 Bassman, Shelby	Redondo	
24 Durden, Lisa	Redondo	
25 Levesque, Gabriela	Santa Monica	Alt
26 Robeson, Tashonna	Carson	Alt
27 Chong, Markisha	Westchester	Alt
28 Jasper, Erica	Carson	Alt
29 Cummings, Justina	Westchester	Alt
30 Harbor, Jennita Nicole	Peninsula	Alt
31 Love, Aleesha	Redondo	Alt
32 Davis, Ruby	Redondo	Alt
33 Bekele, Bethel	Santa Monica	Alt

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Performance List

Event 54 ... (Women 200 Meter Dash Varsity)

	Name	School	Seed Time
34	Jones, Jocelyn	Westchester	Alt
35	Scarlett, Rachel	Redondo	Alt
36	Hopper, Sydnee	West Torranc	Alt
37	Fleming, Blair	Peninsula	Alt
38	Burruss, Brittani	North Torran	Alt
39	Wilson, Krystal	Vistamar	Alt
40	Grant, Moya	North Torran	Alt
41	Slocum, Tanea	North Torran	Alt
42	Stimson, Lauren	North Torran	Alt
43	VanNatta, Danielle	South Torran	Alt
44	Brown, Joi	South Torran	Alt
45	Shelby, Devrianna	North Torran	Alt
46	Thomas, Katrina	North Torran	Alt
47	Tave, Tasia	South Torran	Alt

Event 32 Women 400 Meter Run Varsity

	Name	School	Seed Time
1	Vallery, Ronisha	North Torran	
2	James, Renetia	Narbonne	
3	Hector, Keiko	Palos Verdes	
4	Buchbinder, Jaye	Chadwick	
5	Meighan, Arbon	Carson	
6	Hurd, Dayna	Carson	
7	Sopp, Brenna	Redondo	
8	Meyer, Emily	Bishop Mntgm	
9	Durden, Lisa	Redondo	
10	Rochon, Racquel	Palisades	
11	Cummings, Justina	Westchester	
12	Letwin, Amy	Palos Verdes	
13	Davis, Brielle	Bishop Mntgm	
14	Love, Aleesha	Redondo	
15	Long, Mariah	South Torran	
16	Scott, Catherine	Westchester	
17	Ncube, Lezinah	South Torran	
18	Jasper, Erica	Carson	
19	Yuch, Amanda	Mira Costa	
20	Heredia, Brianna	Torrance	
21	Villasor, Christy	Torrance	
22	Ishi, Kristen	South Torran	
23	Brown, Allie	Mira Costa	
24	Hinsch, Meghan Louise	Peninsula	
25	Stevens, Kina	South Torran	Alt
26	Jones, Jocelyn	Westchester	Alt
27	Faries, Tara	Peninsula	Alt
28	Stimson, Lauren	North Torran	Alt
29	Grant, Moya	North Torran	Alt
30	Loveland, Olivia	Redondo	Alt

Event 43 Women 800 Meter Run Champ Varsity

	Name	School	Seed Time
1	Nabeshima, Millie	South Torran	
2	Mehra, Rebecca	Palos Verdes	
3	Capellino, Erica	Palos Verdes	
4	James, Renetia	Narbonne	

5	Kung, Ilima	Torrance	
6	Sopp, Brenna	Redondo	
7	Villegas, Anique	Redondo	
8	Ulizio, Cara	Redondo	
9	Butler, Kylie	Palos Verdes	
10	Thorp, Tiana	San Pedro	
11	Bass, Jennifer	Redondo	
12	Gustafson, Lauren	Palisades	
13	Hinsch, Meghan Louise	Peninsula	
14	Mukhina, Katya	Santa Monica	
15	Sato, Shelby	Torrance	
16	Carr, Amy	Torrance	
17	Fields, Catherine	Mira Costa	
18	Ocampo, Jazmin	Torrance	
19	Daniel, Nicole	Mira Costa	
20	Reaser, Amy	El Segundo	
21	Algenio, Crystal	South Torran	
22	Bjzevich, Tristianie	Narbonne	
23	Bullock, Natalie	South Torran	
24	Scott, Catherine	Westchester	
25	O'Malley, Kelly	West Torranc	
26	Light, Amanda Mary	Peninsula	
27	Tran, Tricia	North Torran	Alt
28	Sherman, Pamela	Redondo	Alt
29	Palomo, Errica	Inglewood	Alt
30	Yoneda, Yurika	Peninsula	Alt
31	Corello, Lizzie	North Torran	Alt
32	Evans, Danielle	South Torran	Alt
33	Wilson, Julia	Redondo	Alt
34	Lee, Angelina	Torrance	Alt
35	Finkenbeiner, Megan	West Torranc	Alt
36	Brown, Lauren	Torrance	Alt
37	Lytle, Erika	North Torran	Alt
38	Bravo, Brianna	Redondo	Alt
39	Cha, Soo	Torrance	Alt
40	Gatz, Michelle	Torrance	Alt
41	Moore, Anissa	Westchester	Alt

Event 21 Women 1600 Meter Run Varsity

	Name	School	Seed Time
1	Capellino, Erica	Palos Verdes	
2	Ulizio, Cara	Redondo	
3	Delgado, Laura	San Pedro	
4	Sugimoto, Kelli	Mira Costa	
5	Kung, Ilima	Torrance	
6	DeBiasio, Erica	South Torran	
7	Yuen, Ella Wei Jen	Peninsula	
8	Cherrette, Vivien	Mira Costa	
9	Currin, Sophie	Vistamar	
10	Ettlin, Laura	West Torranc	
11	LaCroix, Aleyna	Mira Costa	
12	Fields, Kristen	Mira Costa	
13	Villegas, Anique	Redondo	
14	Hinsch, Meghan Louise	Peninsula	
15	Pittman, Michelle	Redondo	
16	Botfeld, Amanda	Santa Monica	

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Performance List

Event 21 ... (Women 1600 Meter Run Varsity)

Name	School	Seed Time
17 Parke, Caitlin	Palos Verdes	
18 Bullock, Natalie	South Torran	
19 Bass, Jennifer	Redondo	
20 levy, alison	West Torranc	
21 Ryan, Kelly	Redondo	
22 Myers, Emily	Torrance	
23 Bjazevich, Tristianie	Narbonne	
24 Bennyworth, Morgan	Torrance	
25 Sherman, Pamela	Redondo	
26 O'Malley, Kelly	West Torranc	
27 Finkenbeiner, Megan	West Torranc	
28 Maldonado, Jamilett	Palisades	
29 Colato, Michelle	Palisades	
30 Davis, Bridget	West Torranc	Alt
31 Light, Amanda Mary	Peninsula	Alt
32 Tran, Tricia	North Torran	Alt
33 Lee, Angelina	Torrance	Alt
34 Hutchinson, Maddy	West Torranc	Alt
35 Gonzales, Rachelle	Torrance	Alt
36 Yoneda, Yurika	Peninsula	Alt
37 Lee, MacKenzie	El Segundo	Alt
38 Evans, Danielle	South Torran	Alt
39 Lytle, Erika	North Torran	Alt
40 Matoba, Kristi	Torrance	Alt
41 Cha, Soo	Torrance	Alt
42 Ballister, Rachel	Bishop Mntgsm	Alt
43 Arevalo, Elizabeth	Bishop Mntgsm	Alt
44 Gatz, Michelle	Torrance	Alt
45 Te, Bertha	Torrance	Alt
46 Corello, Lizzie	North Torran	Alt
47 Moore, Anissa	Westchester	Alt
48 Johnson, Kourtney	Westchester	Alt
49 Hatch, Courtney	North Torran	Alt
50 Johnson, McKenzie	Westchester	Alt

Event 58 Women 3200 Meter Run Champ Varsity

Name	School	Seed Time
1 Delgado, Laura	San Pedro	
2 Pittman, Michelle	Redondo	
3 Yuen, Ella Wei Jen	Peninsula	
4 Bamberger, Jacklyn	Palisades	
5 DeBiasio, Erica	South Torran	
6 Currin, Sophie	Vistamar	
7 Kung, Ilima	Torrance	
8 Hinsch, Meghan Louise	Peninsula	
9 Ryan, Kelly	Redondo	
10 Ramirez, Itzel	San Pedro	
11 Sherman, Pamela	Redondo	
12 levy, alison	West Torranc	
13 Ettlin, Laura	West Torranc	
14 Myers, Emily	Torrance	
15 Bullock, Natalie	South Torran	
16 Botfeld, Amanda	Santa Monica	
17 Bennyworth, Morgan	Torrance	

18 Evans, Danielle	South Torran
19 Tran, Tricia	North Torran
20 Gonzales, Rachelle	Torrance
21 Lytle, Erika	North Torran
22 Lee, Angelina	Torrance
23 Gatz, Michelle	Torrance
24 Matoba, Kristi	Torrance
25 Kovacs, Sarah	Santa Monica

Event 29 Women 100 Meter Hurdles Varsity

Name	School	Seed Time
1 Mahendra, Shiyana	North Torran	
2 Reaser, Allison	El Segundo	
3 Martin, Erika	Palisades	
4 Wellbaum, Lauren	Mira Costa	
5 Littleton, Dejanae	Leuzinger	
6 Ledet, Tanisha	Leuzinger	
7 Grant, Aja	North Torran	
8 Moore, Acacia	Mira Costa	
9 Yancy, Aundrea	Redondo	
10 Ellis, Kirsten	Mira Costa	
11 Schotts, Sierra	South Torran	
12 Brown, Joi	South Torran	
13 Charles, Michele Ashley	Peninsula	
14 Nelson, Maggie	Redondo	
15 Villasor, Kelly	Torrance	
16 Earvin, Rodjalynn	Westchester	
17 Wells, Shelby	South Torran	
18 Takigawa, Tammy	Torrance	
19 Smith, Tinesha	North Torran	
20 Bissey, Tara	South Torran	
21 Flynn, Felicia	Carson	
22 Worrell-Perry, Dezray	Peninsula	
23 VanNatta, Danielle	South Torran	
24 DeLoach, Kamille	Redondo	
25 Faries, Tara Kathleen	Peninsula	Alt
26 Yasuda, Sarah	Torrance	Alt
27 Cahill, Emily	Torrance	Alt
28 Kemper, Kayla Noelle	Peninsula	Alt
29 Loveland, Olivia	Redondo	Alt
30 Lee, Amber	Torrance	Alt
31 Provencher, Darcy	Redondo	Alt

Event 48 Women 300 Meter Hurdles Varsity

Name	School	Seed Time
1 Reaser, Allison	El Segundo	
2 Mahendra, Shiyana	North Torran	
3 Wellbaum, Lauren	Mira Costa	
4 Gustafson, Kendall	Palisades	
5 White, Selihah	Hamilton	
6 Reynolds, Janelle	South Torran	
7 Schotts, Sierra	South Torran	
8 Lyons, Lizzie	Santa Monica	
9 VanNatta, Danielle	South Torran	
10 Meighan, Arbony	Carson	
11 Randle, Connie	Carson	

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Event 48 ... (Women 300 Meter Hurdles Varsity)

	Name	School	Seed Time
12	Ellis, Kirsten	Mira Costa	
13	White, Zsatiera	Carson	
14	Bissey, Tara	South Torran	
15	Greer, Amber	Palisades	
16	Moore, Acacia	Mira Costa	
17	Littleton, Dejanae	Leuzinger	
18	Fisher, Mariah	Palisades	
19	Ledet, Tanisha	Leuzinger	
20	Loveland, Olivia	Redondo	
21	Barrington, Sarah	Torrance	
22	Faries, Tara	Peninsula	
23	Charles, Michele Ashley	Peninsula	
24	Nelson, Maggie	Redondo	
25	Villasor, Kelly	Torrance	Alt
26	Smith, Tinesha	North Torran	Alt
27	Shaffer-Del Val, Emilia	Santa Monica	Alt
28	Levy, Allison	West Torranc	Alt
29	Monbouquette, Lily	Santa Monica	Alt
30	Moran, Gacinta	Bishop Mntgm	Alt
31	Jackson, Dominique	Westchester	Alt
32	DeLoach, Kamille	Redondo	Alt
33	Yasuda, Sarah	Torrance	Alt
34	Takigawa, Tammy	Torrance	Alt
35	Cahill, Emily	Torrance	Alt
36	Grant, Moya	North Torran	Alt
37	Worrell-Perry, Dezray	Peninsula	Alt
38	Kemper, Kayla Noelle	Peninsula	Alt
39	Wells, Shelby	South Torran	Alt

Event 17 Women 4x100 Meter Relay Varsity

	Team	Relay	Seed Time
1	Carson	A	
2	Redondo	A	
3	Inglewood	A	
4	Santa Monica	A	
5	North Torran	A	
6	Torrance	A	
7	Bishop Mntgm	A	
8	Mira Costa	A	
9	South Torran	A	
10	Peninsula	A	
11	Palisades	A	
12	Leuzinger	A	
13	Westchester	A	

Event 62 Women 4x400 Meter Relay Varsity

	Team	Relay	Seed Time
1	Palos Verdes	A	
2	Carson	A	
3	Mira Costa	A	
4	Redondo	A	
5	Palisades	A	
6	Chadwick	A	
7	North Torran	A	

8	Bishop Mntgm	A
9	South Torran	A
10	Peninsula	A
11	Westchester	A
12	Torrance	A

Event 11 Women High Jump Champ Varsity

	Name	School	Seed Mark
1	Hector, Keiko	Palos Verdes	
2	Gustafson, Kendall	Palisades	
3	Schofield, Liz	South Torran	
4	Okonkwo, Nkechi Ndidi	Peninsula	
5	Barnes, Joslyn	North Torran	
6	Yancy, Aundrea	Redondo	
7	Fisher, Mariah	Palisades	
8	Lee, Amber	Torrance	
9	Stojanovic, Emilija	El Segundo	
10	Woodruff, Michelle	Redondo	
11	Sheffield, Jessica	Carson	
12	Amoafa Yeboah, Ama	Peninsula	
13	Flynn, Felicia	Carson	
14	Bartels, Nicole	El Segundo	
15	Currie, Annie	Carson	
16	Hopper, Sydnee	West Torranc	
17	Graverson, Emilee	Mira Costa	
18	Gougerchian, Melody	Peninsula	

Event 1 Women Pole Vault Champ Varsity

	Name	School	Seed Mark
1	Morioka, Robin	West Torranc	
2	Greenberg, Jamie	Palisades	
3	Shannon, Kari	Mira Costa	
4	Choi, Sarah	South Torran	
5	Mathis, Jordyn	West Torranc	
6	Wilbanks, Katrina	West Torranc	
7	Lin, Jacqueline Yu-Ling	Peninsula	
8	Mahdavi, Golnoosh Tala	Peninsula	
9	Wells, Melanie	Redondo	
10	Takigawa, Tammy	Torrance	
11	Balding, Victoria	Redondo	
12	Oetzell, Alexandra	Redondo	
13	Ito, Lily	Torrance	
14	Lee, Nicole	South Torran	
15	Trindade, Nathalie	South Torran	

Event 2 Women Long Jump Champ Varsity

	Name	School	Seed Mark
1	Okonkwo, Nkechi Ndidi	Peninsula	
2	Martin, Erika	Palisades	
3	Miller, Kierra	Carson	
4	Barnes, Joslyn	North Torran	
5	Schofield, Liz	South Torran	
6	Randle, Connie	Carson	
7	Flynn, Felicia	Carson	
8	B, Asia	Cal Aca M	
9	Miller, Haley	Redondo	

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Performance List

Event 2 ... (Women Long Jump Champ Varsity)

Name	School	Seed Mark
10 Charles, Michele Ashley	Peninsula	
11 Frank, Knia	North Torran	
12 Stojanovic, Emilija	El Segundo	
13 Okunubi, Folashade	Peninsula	
14 Lazzari-Dean, Julia	Mira Costa	
15 Moran, Gacinta	Bishop Mntgmn	
16 Stoneburner, Lauren	Chadwick	
17 Cummings, Justina	Westchester	
18 Worrell-Perry, Dezray	Peninsula	
19 Lee, Amber	Torrance	
20 Oreta, Genelyn	Torrance	
21 Mukai, Katie	Torrance	
22 White, Alexis	Westchester	
23 Papayans, Nicole	Palos Verdes	
24 Fitzpatrick, Paige	Palos Verdes	
25 Johnson, Aisha	Westchester	

Event 7 Women Triple Jump Champ Varsity

Name	School	Seed Mark
1 Charles, Michele Ashley	Peninsula	
2 Barnes, Joslyn	North Torran	
3 Okonkwo, Nkechi Ndidi	Peninsula	
4 Miller, Haley	Redondo	
5 Okunubi, Folashade	Peninsula	
6 White, Zsatiera	Carson	
7 Yancy, Aundrea	Redondo	
8 Sheffield, Jessica	Carson	
9 Currie, Annie	Carson	
10 Worrell-Perry, Dezray	Peninsula	
11 Moran, Gacinta	Bishop Mntgmn	
12 Stojanovic, Emilija	El Segundo	
13 Jackson, Dominique	Westchester	
14 Cortinez, Angella	El Segundo	
15 Stoneburner, Lauren	Chadwick	
16 Lee, Amber	Torrance	
17 Mukai, Katie	Torrance	
18 Oreta, Genelyn	Torrance	
19 Frank, Knia	North Torran	
20 Lazzari-Dean, Julia	Mira Costa	
21 Papayans, Nicole	Palos Verdes	
22 Johnson, Aisha	Westchester	

Event 4 Women Shot Put Champ Varsity

Name	School	Seed Mark
1 Byrd, Caitlin	Carson	
2 Manufekai, Latu	Leuzinger	
3 Ogundipe-Tillman, Mia	Peninsula	
4 Afusia, Bree'lyn	Carson	
5 Lowery, Michelle	Redondo	
6 King, Michelle	Carson	
7 Basich, Nadia	Redondo	
8 Afremow, Ashley	West Torranc	
9 Brown, Joi	South Torran	
10 Collins, Brittany	Mira Costa	

11 Arslan, Suraya	Torrance	
12 Sanusi, Yewande	Mira Costa	
13 Iniguez, Yovanna	Mira Costa	
14 Takahashi, Janelle	Torrance	
15 Garcia, Alyssa	North Torran	
16 Evans, Taylor	North Torran	
17 Okunubi, Folashade	Peninsula	
18 Truluck, Amela	Santa Monica	
19 Griffen, Kiera	West Torranc	
20 Howard,, Quinn	West Torranc	
21 Naghibi, Sahar	Bishop Mntgmn	
22 Earvin, Rodjalynn	Westchester	
23 Smith, Kristina	Torrance	
24 Ricci, Katie	Palos Verdes	
25 Hebert, Nicole	Palos Verdes	
26 Tani, Ashley	North Torran	Alt
27 Jackson, Christina	North Torran	Alt
28 Galante, Katelyn	Palos Verdes	Alt
29 Mathis, Jordyn	West Torranc	Alt
30 Barrett, Emily	North Torran	Alt

Event 8 Women Discus Throw Champ Varsity

Name	School	Seed Mark
1 Burrell, Jasmine	North Torran	
2 Ogundipe-Tillman, Mia	Peninsula	
3 Manufekai, Latu	Leuzinger	
4 Lowery, Michelle	Redondo	
5 O'Malley, Erin	West Torranc	
6 Collins, Brittany	Mira Costa	
7 Griffen, Kiera	West Torranc	
8 Iniguez, Yovanna	Mira Costa	
9 Afremow, Ashley	West Torranc	
10 Arslan, Suraya	Torrance	
11 Tani, Ashley	North Torran	
12 Takahashi, Janelle	Torrance	
13 Okunubi, Folashade	Peninsula	
14 Mathis, Jordyn	West Torranc	
15 Howard, Quinn	West Torranc	
16 Newman, Angela	El Segundo	
17 Evans, Taylor	North Torran	
18 Sanusi, Yewande	Mira Costa	
19 Broderick, Nikki	El Segundo	
20 Smith, Kristina	Torrance	
21 Hebert, Nicole	Palos Verdes	
22 Truluck, Amela	Santa Monica	
23 Kochiyama, Aliya	North Torran	
24 Garcia, Alyssa	North Torran	
25 Barrett, Emily	North Torran	
26 Jackson, Christina	North Torran	

Event 130 Boys 100 Meter Dash Champ F/S

Name	School	Seed Time
1 Sawelson, Ryan	Peninsula	
2 Idah, Okuoma	Peninsula	
3 Lyman, Antonio	Narbonne	
4 Ong, Luke	Peninsula	

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Performance List

Event 130 ... (Boys 100 Meter Dash Champ F/S)

Name	School	Seed Time
5 Lee, Philip	Peninsula	
6 Jones, Tyree	Santa Monica	
7 Tung, Cameron	Peninsula	
8 Richardson, Darren	Santa Monica	
9 Skyers, Fabien	Santa Monica	
10 White, Brandon	Inglewood	
11 Bristo, Brian	West Torrance	
12 Fader, Todd	Mira Costa	
13 Van Natta, Ian	South Torran	
14 Huang, Andy	South Torran	
15 Durr, Dylan	Inglewood	
16 Fennell, Jeff	South Torran	
17 jaysinghe, ashan	South Torran	
18 Peters, Aiden	Santa Monica	
19 Chute, Clayton	Mira Costa	
20 Stephens, Aykeem	Inglewood	
21 Sojo, Jonathan	Chadwick	
22 Jackson, Deandre	Narbonne	
23 Boone, Tray	Narbonne	Alt
24 Brubacher, Nathan	South Torran	
25 Drucker, Charlie	Chadwick	Alt
26 Choi, Samuel	West Torrance	
27 Akanno, Oscar	Morningside	Alt
28 Thomas, Brandin	Westchester	Alt
29 Cook, Casey	Redondo	Alt
30 Garrison, Mike	Morningside	Alt
31 Chang, Brandon	South Torran	Alt
32 Booras, Andrew	Mira Costa	Alt
33 Soils, Kevin	Westchester	Alt
34 Low, Christopher	Peninsula	Alt
35 Polk, Kwentin	Narbonne	Alt
36 London, Spencer	Bishop Mntgm	Alt
37 Rascon-Lahr, Myles	North Torran	Alt
38 Ali-Watkins, Blaize	El Segundo	Alt
39 Ward, Donovan	Palos Verdes	Alt
40 Mason, Paul	West Torranc	Alt
41 Chatman, David	Morningside	Alt
42 Barela, Austin	North Torran	Alt
43 Oluyide, Ifeoluwa	Torrance	Alt
44 De La Torre, Erik	Bishop Mntgm	Alt
45 Ramos, Ryan	Palos Verdes	Alt
46 Gardly, Ryan	Torrance	Alt
47 Miller, Kamal	Torrance	Alt
48 Morris, William	North Torran	Alt
49 Marinas, Andrew	West Torrance	Alt
50 Gatbonton, Judd	Bishop Mntgm	Alt
51 Smith, Romare	Palos Verdes	Alt
52 Maldonado, Pedro	Bishop Mntgm	Alt

Event 142 Boys 200 Meter Dash Champ F/S

Name	School	Seed Time
1 Lyman, Antonio	Narbonne	
2 Wood, Robert	Narbonne	
3 Idah, Okuoma	Peninsula	

4 Jackson, Deandre	Narbonne	
5 Boone, Tray	Narbonne	
6 Romo, Andrew	Peninsula	
7 jaysinghe, ashan	South Torran	
8 Day, KrissShon	Morningside	
9 Jones, Tyree	Santa Monica	
10 Arnsworth, Marcus	Morningside	
11 Sawelson, Ryan	Peninsula	
12 Brubacher, Nathan	South Torran	
13 Polk, Kwentin	Narbonne	
14 Fukumoto, Jason	South Torran	
15 Fennell, Jeff	South Torran	
16 Van Natta, Ian	South Torran	
17 Gates, Dylan	Mira Costa	
18 Chute, Clayton	Mira Costa	
19 Ong, Joseph	Peninsula	
20 Ong, Luke	Peninsula	
21 Akanno, Oscar	Morningside	
22 Lee, Philip	Peninsula	
23 Matsumoto, Brandon	South Torran	
24 Fader, Todd	Mira Costa	
25 Beach, Tyler	Palos Verdes	Alt
26 Skyers, Fabien	Santa Monica	Alt
27 White, Brandon	Inglewood	Alt
28 Morris, William	North Torran	Alt
29 Richardson, Darren	Santa Monica	Alt
30 Banitch, Colin	El Segundo	Alt
31 Ward, Donovan	Palos Verdes	Alt
32 De La Torre, Erik	Bishop Mntgm	Alt
33 Phillips, Hunter	Palos Verdes	Alt
34 Rascon-Lahr, Myles	North Torran	Alt
35 Ali-Watkins, Blaize	El Segundo	Alt
36 Beall, Ryan	Palos Verdes	Alt
37 Sojo, Jonathan	Chadwick	Alt
38 Stewart, Kolby	Torrance	Alt
39 Hunter, Richard	Inglewood	Alt
40 Martin, Kris	Redondo	Alt
41 London, Spencer	Bishop Mntgm	Alt
42 Oluyide, Ifeoluwa	Torrance	Alt
43 Barbour, Dylan	Chadwick	Alt
44 Low, Christopher	Peninsula	Alt
45 Dargis, Mykolas	El Segundo	Alt
46 Cook, Casey	Redondo	Alt
47 Kuo, Issaac	Peninsula	Alt
48 Drucker, Charlie	Chadwick	Alt
49 Brown, Kendall	El Segundo	Alt
50 Castro, Mario	El Segundo	Alt
51 Miller, Kamal	Torrance	Alt
52 Gardly, Ryan	Torrance	Alt
53 Kabbani, Omar	El Segundo	Alt
54 Yu, Andrew	West Torrance	Alt
55 Caceres, Francisco	West Torrance	Alt
56 Rose, Cameron	El Segundo	Alt
57 Bachawati, George	Bishop Mntgm	Alt
58 Nesbeth, Neziah	Westchester	Alt
59 Soils, Kevin	Westchester	Alt

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Performance List

Event 126 Boys 400 Meter Dash Champ F/S

Name	School	Seed Time
1 Wood, Robert	Narbonne	
2 Gates, Dylan	Mira Costa	
3 Gates, Tony	Narbonne	
4 Romo, Andrew	Peninsula	
5 Skyers, Fabien	Santa Monica	
6 jaysinghe, ashan	South Torran	
7 Martin, Kris	Redondo	
8 Simmons, Jim	Chadwick	
9 Dyer, Derrell	Narbonne	
10 Day, KrissShon	Morningside	
11 Weaver, Brendan	Palos Verdes	
12 Ong, Joseph	Peninsula	
13 Matei, Alex	Redondo	
14 Tarayama, Masahi	South Torran	
15 Beach, Tyler	Palos Verdes	
16 Gates, Corbin	Mira Costa	
17 Emdee, Eric	Redondo	
18 Barbour, Dylan	Chadwick	
19 Boyd, Joesph	Narbonne	
20 Pittman, Marshall	Mira Costa	
21 Matsumoto, Brandon	South Torran	
22 Davidson, Kenvon	Narbonne	
23 Harvey, Terance	Morningside	
24 Hawkins, Benjamin	Westchester	
25 Mays, Leighton	South Torran	Alt
26 Banitch, Colin	El Segundo	Alt
27 Brown, Kendall	El Segundo	Alt
28 salvay, david	Peninsula	Alt
29 Kim, Preston	Santa Monica	Alt
30 Huang, Andy	South Torran	Alt
31 Brubacher, Nathan	South Torran	Alt
32 Phillips, Hunter	Palos Verdes	Alt
33 Beall, Ryan	Palos Verdes	Alt
34 Stewart, Kolby	Torrance	Alt
35 Dargis, Mykolas	El Segundo	Alt
36 Chai, Maximillian	Peninsula	Alt
37 Kuo, Issaac	Peninsula	Alt
38 Bellenfant, Trevor	North Torran	Alt
39 Madera, Eric	West Torranc	Alt
40 Wiegert, Gerry	Peninsula	Alt
41 Duran, Demarco	Redondo	Alt
42 Payne, Javon	Morningside	Alt
43 Hunter, Richard	Inglewood	Alt
44 Soils, Kevin	Westchester	Alt

Event 134 Boys 800 Meter Run Champ F/S

Name	School	Seed Time
1 Washington, Jordan	Redondo	
2 Faust, Andrew	West Torranc	
3 Corrao, Cameron	West Torranc	
4 Weinberg, Logan	Santa Monica	
5 Klatte, Garrett	Redondo	
6 Miranda-Lavertu, Reo	Peninsula	

7 Nunan, Samuel	Mira Costa	
8 Meredith, Draven	Torrance	
9 Davidson, Kenvon	Narbonne	
10 Michael, Sahar	Palisades	
11 Wong, Nick	Palisades	
12 Cortes, Jose	Narbonne	
13 Sansom, Stephen	Peninsula	
14 Bertran, Fady	Redondo	
15 Mendez, Luis	Narbonne	
16 Shimane, Justin	North Torran	
17 Guh, Kevin	Santa Monica	
18 Johnson, Tyler	South Torran	
19 Capron, Andrew	Santa Monica	
20 Arce, Arturo	Santa Monica	
21 Faustino, Robbie	Peninsula	
22 Baeuchler, Brad	Mira Costa	
23 Coffman, Nick	Mira Costa	
24 Wilkerson, Cooper	Torrance	
25 Cardona, Israel	North Torran	
26 Gonzalez, Eduardo	San Pedro	
27 Kim, Roy	South Torran	
28 Hazeltine, Andrew	Redondo	
29 Guzman, Alex	Redondo	
30 Stimson, John	North Torran	
31 Lee, Andrew	South Torran	
32 Ester, Lamontay	Narbonne	
33 Patrick, Ryan	Palos Verdes	
34 Dill, Ryan	Torrance	
35 Fritzen, Nathan	Redondo	
36 Levine, Joseph	Redondo	Alt
37 Martin, Michael	Torrance	Alt
38 Echavarria, Hector	Redondo	Alt
39 Matei, Alex	Redondo	Alt
40 Patel, Shalin	West Torranc	Alt
41 Gelber, Austin	Palisades	Alt
42 Tsai, Eugene	Peninsula	Alt
43 Oishi, Bryce	North Torran	Alt
44 Mushaney, Robert	Redondo	Alt
45 Wild, Keegan	West Torranc	Alt
46 Ashimine, Kurt	North Torran	Alt
47 Foster, Joel	El Segundo	Alt
48 Nicholson, Charlie	El Segundo	Alt
49 Froom, Brendan	Palos Verdes	Alt
50 Sturm, Obin	Santa Monica	Alt
51 Yabuta, Garrin	Peninsula	Alt
52 Merola, Francesco	Peninsula	Alt
53 Dawson, Miles	West Torranc	Alt
54 Xian, Anthony	West Torranc	Alt
55 Molinelli, Evan	North Torran	Alt
56 Hernandez, Alfredo	Narbonne	Alt
57 Lindquist, Cameron	Redondo	Alt
58 Hawkins, Benjamin	Westchester	Alt
59 Ohagan, Bryan	Redondo	Alt
60 Alexander, David	Redondo	Alt
61 Yap, Reagan	Torrance	Alt
62 Cooksey, Addison	Westchester	Alt

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Event 134 ... (Boys 800 Meter Run Champ F/S)

Name	School	Seed Time
63 Fernandez, Brian	Redondo	Alt
64 Becker, Alexander	Peninsula	Alt
65 Fontana, Arthur	Redondo	Alt
66 Gonzalez, Nicholak	Bishop Mntgm	Alt
67 Johnson, Adam	Redondo	Alt
68 Duran, Demarco	Redondo	Alt
69 Ben-Dayan, Nadav	Vistamar	Alt
70 Gallardo, Esias	Redondo	Alt
71 Covington, Dwight	Vistamar	Alt
72 Reith, Gunnar	Redondo	Alt

Event 119 Boys 1600 Meter Run Champ F/S

Name	School	Seed Time
1 Caracoza, Tyler	Redondo	
2 Miranda-Lavertu, Reo	Peninsula	
3 Pankratz, Garrett	South Torran	
4 Klatte, Garrett	Redondo	
5 Meredith, Draven	Torrance	
6 Corrao, Cameron	West Torranc	
7 Nakahara, Michael	West Torranc	
8 Bui, Michael	Torrance	
9 Sidor, Mark	Palos Verdes	
10 Michaels, Gabriel	Peninsula	
11 Cortes, Jose	Narbonne	
12 Mendez, Luis	Narbonne	
13 Maldonado, Alex	San Pedro	
14 Aguilar, Kris	San Pedro	
15 Patel, Shalin	West Torranc	
16 MacDonald, Justin	Mira Costa	
17 Sansom, Stephen	Peninsula	
18 Redmond, James	South Torran	
19 Megeff, Brennan	Peninsula	
20 Guzman, Alex	Redondo	
21 Chung, Bryan	South Torran	
22 Shimane, Justin	North Torran	
23 Capron, Andrew	Santa Monica	
24 Bertran, Fady	Redondo	
25 Tomita, Evan	Mira Costa	
26 Novakovic, Peter	El Segundo	
27 Reimann, Chris	El Segundo	
28 Liang, Ethan	El Segundo	
29 Kassa, Tewodros	West Torranc	
30 Cardona, Israel	North Torran	
31 Ramirez, Daniel	San Pedro	
32 Legagnoux, Tai	Santa Monica	
33 Garcia, Brian	San Pedro	
34 Blunt, Ira	Palisades	
35 Ester, Lamontay	Narbonne	
36 Popken, Alexander	South Torran	
37 Johnson, Hunter	Torrance	
38 Levine, Joseph	Redondo	
39 Yabuta, Garrin	Peninsula	
40 Tsai, Eugene	Peninsula	
41 Parker, Conner	Palos Verdes	

42 Brito, Leonel	Narbonne	
43 Wilkerson, Cooper	Torrance	
44 Shabsovich, David	Santa Monica	
45 Echavarria, Hector	Redondo	
46 Pernia, Maykel	Santa Monica	Alt
47 Hazeltine, Andrew	Redondo	Alt
48 Johnson, Tyler	South Torran	Alt
49 Sardo, Nicholas	Santa Monica	Alt
50 Kim, Roy	South Torran	Alt
51 Faustino, Robbie	Peninsula	Alt
52 Snur, Tomas	Palos Verdes	Alt
53 Soto, Christian	Santa Monica	Alt
54 Mushaney, Robert	Redondo	Alt
55 Fritzen, Nathan	Redondo	Alt
56 Hamilton, Evan	Chadwick	Alt
57 Mora, Gerado	Narbonne	Alt
58 Cooksey, Addison	Westchester	Alt
59 Martin, Michael	Torrance	Alt
60 Lee, Andrew	South Torran	Alt
61 Tugliwoski, Evan	Torrance	Alt
62 Anthony, Julian	West Torranc	Alt
63 Oshimo, Grant	South Torran	Alt
64 Zhang, Henry	Peninsula	Alt
65 Burton, Julian-Ellis	South Torran	Alt
66 Xian, Anthony	West Torranc	Alt
67 Lindquist, Cameron	Redondo	Alt
68 Yamanaka, Marcus	North Torran	Alt
69 Ohagan, Bryan	Redondo	Alt
70 Forsythe, Conor	El Segundo	Alt
71 Ben-Dayan, Nadav	Vistamar	Alt
72 Shrivastava, Ken	Torrance	Alt
73 Alexander, David	Redondo	Alt
74 Fontana, Arthur	Redondo	Alt
75 Ashimine, Kurt	North Torran	Alt
76 Molinelli, Evan	North Torran	Alt
77 Hadley, Michael	Bishop Mntgm	Alt
78 Park, Cazimir	Bishop Mntgm	Alt
79 Song, Steven	Bishop Mntgm	Alt
80 Yap, Reagan	Torrance	Alt
81 Stimson, John	North Torran	Alt
82 Fernandez, Brian	Redondo	Alt
83 Sakai, Jordan	North Torran	Alt
84 Johnson, Adam	Redondo	Alt
85 Hoot, Justin	Chadwick	Alt
86 Reith, Gunnar	Redondo	Alt
87 Gallardo, Esias	Redondo	Alt
88 Geffner-M, Alex	Chadwick	Alt

Event 146 Boys 3200 Meter Run F/S

Name	School	Seed Time
1 Caracoza, Tyler	Redondo	
2 Miranda-Lavertu, Reo	Peninsula	
3 Taylor, Travis	Mira Costa	
4 Stromberg, Grant	Palisades	
5 Pankratz, Garrett	South Torran	
6 Drebelbis, Ryland	Palos Verdes	

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Event 146 ... (Boys 3200 Meter Run F/S)

Name	School	Seed Time
7 Diaz, Zachary	Palos Verdes	
8 Johnston, Drake	Palisades	
9 Michaels, Gabriel	Peninsula	
10 Razevich, Corey	San Pedro	
11 Shalvarjian, Tyler	Mira Costa	
12 Nakahara, Michael	West Torranc	
13 Bui, Michael	Torrance	
14 Weinberg, Logan	Santa Monica	
15 Megeff, Brennan	Peninsula	
16 Dawson, Miles	West Torranc	
17 Johnson, Hunter	Torrance	
18 Kassa, Tewodros	West Torranc	
19 Major, Brian	South Torran	
20 Popken, Alexander	South Torran	
21 Fritzen, Nathan	Redondo	
22 Oshimo, Grant	South Torran	
23 Redmond, James	South Torran	
24 Tugliwoski, Evan	Torrance	
25 Shimane, Justin	North Torran	
26 Cardona, Israel	North Torran	
27 Xian, Anthony	West Torranc	
28 Cruz, Andres	Santa Monica	
29 Shabsovich, David	Santa Monica	
30 Sakai, Jordan	North Torran	
31 Shrivastava, Ken	Torrance	
32 McFarland, James	Santa Monica	
33 Girona, Eric	Santa Monica	
34 Yamanaka, Marcus	North Torran	
35 Jaime, Ricardo	Santa Monica	
36 Ester, Lamontay	Narbonne	
37 Zhang, Henry	Peninsula	
38 Brito, Leonel	Narbonne	
39 Joyo, Cody	Peninsula	
40 Ben-Dayan, Nadav	Vistamar	
41 Mora, Gerado	Narbonne	

Event 122 Boys 110 Meter Hurdles Champ F/S

Name	School	Seed Time
1 Smith, Cody	South Torran	
2 Porter, Dallas	North Torran	
3 Thomas, Brandin	Westchester	
4 Hubbard, Kyle	Mira Costa	
5 Huang, Eugene	South Torran	
6 Bellamy, Kymoni	Narbonne	
7 Mays, Leighton	South Torran	
8 LaStrapes, Tommy	Mira Costa	
9 Werner-Longo, Emmett	Redondo	
10 Kumarage, Dimitri	South Torran	
11 Ross, Demontray	Narbonne	
12 Stephens, Aykeem	Inglewood	
13 Smith, Paul	Mira Costa	
14 Farrow, Alex	Palos Verdes	
15 Marchand, Omar	Torrance	
16 Gysel, Matt	Palos Verdes	

17 Qu, Stephen	Peninsula	Alt
18 Villalona, John	North Torran	Alt
19 McLaughlin, Ben	Redondo	Alt
20 Johnson, Zack	Torrance	Alt
21 salvay, david	Peninsula	Alt
22 Lofgren, Kevin	Redondo	Alt
23 Force, Storman	Redondo	Alt
24 Rehman, Saif	Torrance	Alt
25 Naka, Yuki	West Torranc	Alt
26 Nesbeth, Neziah	Westchester	Alt
27 Kimura, Julian	Peninsula	Alt
28 Cho, Kyung	West Torranc	Alt
29 Cho, Joeseeph	Peninsula	Alt
30 Shih, Matt	Peninsula	Alt
31 Hubbard, Matt	Palos Verdes	Alt

Event 139 Boys 300 Meter Hurdles Champ F/S

Name	School	Seed Time
1 Bellamy, Kymoni	Narbonne	
2 Weaver, Brendan	Palos Verdes	
3 Porter, Dallas	North Torran	
4 Smith, Paul	Mira Costa	
5 Smith, Cody	South Torran	
6 Marchand, Omar	Torrance	
7 Shu, Joshua	Mira Costa	
8 Farrow, Alex	Palos Verdes	
9 Hubbard, Kyle	Mira Costa	
10 Nakamoyo, Spencer	South Torran	
11 Mays, Leighton	South Torran	
12 Ross, Demontray	Narbonne	
13 McLaughlin, Ben	Redondo	
14 Stephens, Aykeem	Inglewood	
15 Werner-Longo, Emmett	Redondo	
16 Kumarage, Dimitri	South Torran	
17 Umbenhaur, Rex	El Segundo	Alt
18 salvay, david	Peninsula	Alt
19 Qu, Stephen	Peninsula	Alt
20 Gysel, Matt	Palos Verdes	Alt
21 McFarland, Scott	Peninsula	Alt
22 Villalona, John	North Torran	Alt
23 Margolis, Matthew	West Torranc	Alt
24 Taylor, Ameri	Morningside	Alt
25 Force, Storman	Redondo	Alt
26 Young, Carrington	Morningside	Alt
27 Adkins, Weston	West Torranc	Alt
28 Johnson, Zack	Torrance	Alt
29 Krejcik, Lane	El Segundo	Alt
30 Kimura, Julian	Peninsula	Alt
31 Ishida, Kyle	Peninsula	Alt
32 Rehman, Saif	Torrance	Alt
33 Cho, Joeseeph	Peninsula	Alt
34 Blickensderfer, Zach	Chadwick	Alt

Event 115 Boys 4x100 Meter Relay Champ F/S

Team	Relay	Seed Time
1 Narbonne	A	

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Event 115 ... (Boys 4x100 Meter Relay Champ F/S)

Team	Relay	Seed Time
2 Santa Monica	A	
3 Inglewood	A	
4 Peninsula	A	
5 Mira Costa	A	
6 West Torranc	A	
7 Morningside	A	
8 South Torran	A	
9 Torrance	A	
10 Bishop Mntgm	A	
11 El Segundo	A	
12 Santa Monica	B	
13 North Torran	A	

Event 147 Boys 4x400 Meter Relay Champ F/S

Team	Relay	Seed Time
1 Narbonne	A	
2 Redondo	A	
3 Mira Costa	A	
4 Palos Verdes	A	
5 El Segundo	A	
6 Peninsula	A	
7 Morningside	A	
8 Inglewood	A	
9 West Torranc	A	
10 Torrance	A	
11 Santa Monica	A	
12 Westchester	A	
13 North Torran	A	
14 South Torran	A	

Event 108 Boys High Jump Champ F/S

Name	School	Seed Mark
1 Weaver, Brendan	Palos Verdes	
2 Hubbard, Kyle	Mira Costa	
3 Nuchols, Austin	West Torranc	
4 Beach, Tyler	Palos Verdes	
5 Golubovic, Dan	Mira Costa	
6 McLaughlin, Ben	Redondo	
7 Lindsey, Rueben	Peninsula	
8 Duncan, Ryan	Chadwick	
9 Bland, Senna	West Torranc	
10 Kabbani, Omar	El Segundo	
11 Gates, Corbin	Mira Costa	
12 Davidson, Wyatt	Torrance	
13 Fall, Jay	Peninsula	
14 Shauk, Riyad	Santa Monica	
15 Krejcik, Lane	El Segundo	
16 Echavarria, Hector	Redondo	
17 Kim, Caleb	Peninsula	
18 Wong, Mitchell	Redondo	

Event 112 Boys Pole Vault Champ F/S

Name	School	Seed Mark
1 Niebergall, Max	Redondo	

2 Miguel, Andreas	Peninsula	
3 Kumasaka, Chase	Santa Monica	
4 Southwood, Grant	Mira Costa	
5 Hext, Tyler	Mira Costa	
6 Fong, Greg	Mira Costa	
7 Harding, Austin	Mira Costa	
8 Ritchie, Christian	Mira Costa	
9 Jung, Steven	Palos Verdes	
10 Gunderson, Thomas	Torrance	
11 Vandenberg, Eric	Mira Costa	
12 Barela, Austin	North Torran	
13 Murphy, Andrew	Palos Verdes	
14 Thomson, Alex	North Torran	
15 Qu, Stephen	Peninsula	
16 Kobayashi, Brandon	Peninsula	
17 Shih, Matt	Peninsula	
18 Sonnen, Greg	Peninsula	
19 Huh, Dawool	Palos Verdes	
20 Sue, Christopher	Peninsula	
21 Avakuni, Nick	Torrance	
22 Fall, Jay	Peninsula	
23 Palmer, Justin	Palos Verdes	
24 Williams, Alan	Peninsula	Alt
25 Gardello, Matt	Santa Monica	Alt
26 Hamdan, Mohamad	Peninsula	Alt
27 Okamoto, Daniel	North Torran	Alt
28 Cuenca, Juan	Narbonne	Alt
29 Ross, Demontray	Narbonne	Alt
30 Stephens, Andre	Narbonne	Alt

Event 104 Boys Long Jump Champ F/S

Name	School	Seed Mark
1 Akarim, Jay	Mira Costa	
2 Bellamy, Kymoni	Narbonne	
3 Boone, Tray	Narbonne	
4 Henderson, Alfonso	Morningside	
5 Hubbard, Kyle	Mira Costa	
6 Weaver, Brendan	Palos Verdes	
7 Robinett, Jacob	Palos Verdes	
8 Lindsey, Rueben	Peninsula	
9 Holubets, Connor	West Torranc	
10 Dick, Mitchell	Santa Monica	
11 Ali-Watkins, Blaize	El Segundo	
12 Nuchols, Austin	West Torranc	
13 Sojo, Jonathan	Chadwick	
14 Kim, Caleb	Peninsula	
15 LaPorte, David	West Torranc	
16 Brown, Kendall	El Segundo	
17 Kim, Lawrence	Mira Costa	
18 Soils, Kevin	Westchester	
19 Torres, Fernando	Torrance	
20 Lee, Jack	Peninsula	
21 Nicholson, Charlie	El Segundo	
22 Shauk, Riyad	Santa Monica	
23 Murphy, Andrew	Palos Verdes	
24 Kim, Daniel	Peninsula	

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Event 104 ... (Boys Long Jump Champ F/S)

Name	School	Seed Mark
25 Ide, Takahiro	Redondo	
26 Uba, Grant	Peninsula	Alt
27 Miyashiro, Dustin	North Torran	Alt
28 Payne, Javon	Morningside	Alt
29 Kneepkens, Michael	West Torranc	Alt
30 Chang, Brandon	South Torran	Alt
31 Choi, Kevin	South Torran	Alt
32 Adkins, Weston	West Torranc	Alt
33 Davidson, Wyatt	Torrance	Alt
34 Caceres, Francisco	West Torranc	Alt
35 Hakami, Mudaser	Torrance	Alt
36 Cimafranca, Lamar	Torrance	Alt
37 Paduth, Tarun	Torrance	Alt
38 Ahmed, Shakil	Torrance	Alt
39 Walker, Dixon	West Torranc	Alt

Event 106 Boys Triple Jump Champ F/S

Name	School	Seed Mark
1 Lindsey, Rueben	Peninsula	
2 Henderson, Alfonso	Morningside	
3 Akarim, Jay	Mira Costa	
4 Sojo, Jonathan	Chadwick	
5 Robinett, Jacob	Palos Verdes	
6 Shauk, Riyad	Santa Monica	
7 Yu, Austin	Palos Verdes	
8 Dick, Mitchell	Santa Monica	
9 Holubets, Connor	West Torranc	
10 Kobayashi, Brandon	Peninsula	
11 Lee, Jack	Peninsula	
12 Miyashiro, Dustin	North Torran	
13 Uba, Grant	Peninsula	
14 LaPorte, David	West Torranc	
15 Kneepkens, Michael	West Torranc	
16 Rahman, Christian	West Torranc	
17 Kim, Daniel	Peninsula	
18 Nguyen, Nicholas	Torrance	
19 Davidson, Wyatt	Torrance	
20 Kim, Caleb	Peninsula	
21 Cimafranca, Lamar	Torrance	
22 Inouye, Stefan	West Torranc	
23 Ahmed, Shakil	Torrance	
24 Paduth, Tarun	Torrance	
25 Hakami, Mudaser	Torrance	
26 Kruer, James	Palos Verdes	
27 Walker, Dixon	West Torranc	

Event 105 Boys Shot Put Champ F/S

Name	School	Seed Mark
1 McPherson, Michael	Mira Costa	
2 Coleman, R.J.	Mira Costa	
3 Fenandez, Jed	West Torranc	
4 Lomax, Marquis	Narbonne	
5 Canky, Brandon	Peninsula	
6 Sanicky, Cory	Mira Costa	

7 Corse, Nick	West Torranc	
8 Outlaw, Daniel	Morningside	
9 Rizzo, Anthony	West Torranc	
10 Sandoval, Brian	Narbonne	
11 Lee, Jae	Peninsula	
12 Wilson, Johnathan	Torrance	
13 Millea, Wyatt	Mira Costa	
14 Palacio, Kache	Westchester	
15 Lee, Jack	Peninsula	
16 Becerra, Steven	Santa Monica	
17 Suh, William	Palos Verdes	
18 Woo, Cameron	West Torranc	
19 Monahan, Emmett	Peninsula	
20 Ramos, Ryan	Palos Verdes	
21 Meza, Andres	Santa Monica	
22 Markus, Joey	Mira Costa	
23 Rivas, Brian	Peninsula	
24 Bell, Matt	Palos Verdes	
25 Ramirez, Justin	El Segundo	Alt
26 Kaskanian, Meher	North Torran	Alt
27 Dimacale, Julian	Peninsula	Alt
28 Rivera, Cristian	El Segundo	Alt
29 Valdiconza, Luke	West Torranc	Alt
30 Maehara, Keisho	North Torran	Alt
31 Lee, Eddie	West Torranc	Alt
32 Christopherson, Matthew	Peninsula	Alt
33 Sabels, Josh	West Torranc	Alt
34 Sharp, Evan	El Segundo	Alt
35 Wilborn, Robin	Torrance	Alt
36 Covington, Dwight	Vistamar	Alt
37 Hamilton, Kevin	Santa Monica	Alt
38 Laster, Thomas	Narbonne	Alt
39 Cardoso, Daniel	Narbonne	Alt

Event 110 Boys Discus Throw Champ F/S

Name	School	Seed Mark
1 Coleman, R.J.	Mira Costa	
2 Monahan, Emmett	Peninsula	
3 Canky, Brandon	Peninsula	
4 McPherson, Michael	Mira Costa	
5 Corse, Nick	West Torranc	
6 Lee, Jack	Peninsula	
7 Fenandez, Jed	West Torranc	
8 Ramos, Ryan	Palos Verdes	
9 Rizzo, Anthony	West Torranc	
10 Suh, William	Palos Verdes	
11 Lee, Jae	Peninsula	
12 Woo, Cameron	West Torranc	
13 Sanicky, Cory	Mira Costa	
14 Wilson, Johnathan	Torrance	
15 Mabey, Tyler	South Torran	
16 Dimacale, Julian	Peninsula	
17 Wilborn, Robin	Torrance	
18 Markus, Joey	Mira Costa	
19 Maehara, Keisho	North Torran	
20 Becerra, Steven	Santa Monica	

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Event 110 ... (Boys Discus Throw Champ F/S)

Name	School	Seed	Mark
21 Millea, Wyatt	Mira Costa		
22 Valdiconza, Luke	West Torranc		
23 Christopherson, Matthew	Peninsula		Alt
24 Meza, Andres	Santa Monica		Alt
25 Kaskanian, Meher	North Torran		Alt
26 Lim, Jimmy	Peninsula		Alt
27 Ramirez, Justin	El Segundo		Alt
28 Rivera, Cristian	El Segundo		Alt
29 Mullen, Christopher	El Segundo		Alt
30 Bell, Matt	Palos Verdes		Alt
31 Sabels, Josh	West Torranc		Alt
32 Bonilla, Nico	El Segundo		Alt
33 Sharp, Evan	El Segundo		Alt

Event 41 Men 100 Meter Dash Varsity

Name	School	Seed	Time
1 Harvey, Chris	North Torran		
2 Bassman, Christian	Redondo		
3 DeWitt, Jonathan	Inglewood		
4 Barkley, Se'Dale	Bishop Mntgm		
5 Hyman, Ryan	Redondo		
6 Washington, Sam	Torrance		
7 McMahan, Joe	Mira Costa		
8 Davis, Taje	Narbonne		
9 Smith, Dwayne	Redondo		
10 Cabalatangan, Shadd	Torrance		
11 Simmons, Matthew	Bishop Mntgm		
12 Rameriz, Eric	South Torran		
13 Lopez, Jael	Narbonne		
14 Bacerril, Anthony	Cal Aca M		
15 Mancusi, Victor	Palos Verdes		
16 Avila, Irahan	Leuzinger		
17 yang, joseph	South Torran		
18 Thompkins, Trevor	El Segundo		
19 Solorzano, Alejandro	West Torranc		
20 Waldman, Tyler Jeremy	Peninsula		
21 A, Olu	Cal Aca M		
22 Sico, John	South Torran		
23 Brown, Brailon Dylan	Peninsula		
24 Reid, Marshall	Torrance		
25 Adler, Ari	Mira Costa		Alt
26 MacGillivray, Jeffrey	Redondo		Alt
27 Woo, Victor	Peninsula		Alt
28 Plummer, Nolan	Bishop Mntgm		Alt
29 Gill, Dwan	Carson		Alt
30 Harris, Tracey	Carson		Alt
31 Bass, Adam	Inglewood		Alt
32 Siplin, Daryl	North Torran		Alt
33 Uma, Jacoze	Morningside		Alt
34 Akinfolarin, Kevin	Leuzinger		Alt
35 Thomas, Kyle	Mira Costa		Alt
36 Iregulem, Chudi	Chadwick		Alt
37 Yeung, Kevin	Peninsula		Alt
38 Taylor, Chris	Carson		Alt

39 Procopio, Michael	El Segundo		Alt
40 Young, Taylor	Peninsula		Alt
41 Morris, Taevion	Leuzinger		Alt
42 Abell, Dillon	Torrance		Alt
43 Sim, Jason	Chadwick		Alt
44 Imano, Huego	South Torran		Alt
45 Curry, Jonathan	Chadwick		Alt
46 Henry, Keenan	South Torran		Alt
47 Redondo, Dillon	South Torran		Alt
48 Kowlessar, Zionne	Torrance		Alt
49 Terayama, Masoto	South Torran		Alt
50 Duellas, Donovan	Torrance		Alt
51 Hampton, Javon	Westchester		Alt
52 Luo, Lance	South Torran		Alt
53 Davis, Gary	Westchester		Alt
54 Matthews, Mark	Westchester		Alt
55 Wilson, Matthew	Vistamar		Alt
56 Nasser, Bobby	West Torranc		Alt

Event 57 Men 200 Meter Dash Varsity

Name	School	Seed	Time
1 Davis, Taje	Narbonne		
2 Douglas, Bryan	Narbonne		
3 Harvey, Chris	North Torran		
4 Blackman, Climonte'	Inglewood		
5 Bassman, Christian	Redondo		
6 Victorian, Marcus	Morningside		
7 McMahan, Joe	Mira Costa		
8 Hyman, Ryan	Redondo		
9 Mingo, Clayton	North Torran		
10 Washington, Sam	Torrance		
11 Adler, Ari	Mira Costa		
12 Cabalatangan, Shadd	Torrance		
13 Scott, Brent	Carson		
14 Taylor, Chris	Carson		
15 Boyd, Brandon	Redondo		
16 Redondo, Dillon	South Torran		
17 Bacerril, Anthony	Cal Aca M		
18 Barkley, Se'Dale	Bishop Mntgm		
19 Uma, Jacoze	Morningside		
20 Benjamin, Theo	Santa Monica		
21 Thomas, Kyle	Mira Costa		
22 yang, joseph	South Torran		
23 Henry, Keenan	South Torran		
24 Waldman, Tyler Jeremy	Peninsula		
25 Avila, Irahan	Leuzinger		Alt
26 Charlot, Dominique	Inglewood		Alt
27 Smith, Dwayne	Redondo		Alt
28 Thompkins, Trevor	El Segundo		Alt
29 Solorzano, Alejandro	West Torranc		Alt
30 Duran, Derrick	Redondo		Alt
31 Imano, Huego	South Torran		Alt
32 Simmons, Matthew	Bishop Mntgm		Alt
33 Smet, Peter	Vistamar		Alt
34 Morris, Taevion	Leuzinger		Alt
35 Durojaiye, Bamidele	Peninsula		Alt

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Event 57 ... (Men 200 Meter Dash Varsity)

Name	School	Seed Time
36 Luo, Lance	South Torran	Alt
37 Sico, John	South Torran	Alt
38 Walker, Karon	Carson	Alt
39 Siplin, Daryl	North Torran	Alt
40 Akinfolarin, Kevin	Leuzinger	Alt
41 Brown, Brailon Dylan	Peninsula	Alt
42 Woo, Victor	Peninsula	Alt
43 Stewart, Derek	Torrance	Alt
44 Abell, Dillon	Torrance	Alt
45 Izzo, Eric	Peninsula	Alt
46 Terayama, Masoto	South Torran	Alt
47 Reid, Michael	Torrance	Alt
48 Smith, Austin	Peninsula	Alt
49 Marshall, Jermaine	Westchester	Alt
50 Stroye, Jamun	Morningside	Alt
51 Reid, Marshall	Torrance	Alt
52 Komasa, Chris	Santa Monica	Alt
53 Yeung, Kevin	Peninsula	Alt
54 Young, Taylor	Peninsula	Alt
55 Boudewyn, Kyle	Torrance	Alt
56 Matthews, Mark	Westchester	Alt
57 Featherstone, Chris	Santa Monica	Alt
58 Wilson, Matthew	Vistamar	Alt
59 Hampton, Javon	Westchester	Alt
60 Seo, Daniel	West Torrance	Alt
61 Sim, Jason	Chadwick	Alt
62 Procopio, Michael	El Segundo	Alt
63 Zamudio, Luis	Chadwick	Alt

Event 35 Men 400 Meter Run Varsity

Name	School	Seed Time
1 Toler, Elisha	Narbonne	
2 henry, austin	South Torran	
3 Blackman, Climonte'	Inglewood	
4 Schulte, David	South Torran	
5 Douglas, Bryan	Narbonne	
6 Boyd, Brandon	Redondo	
7 Wright, Rico	Mira Costa	
8 Hill, Matt	Palos Verdes	
9 Schermerhorn, Simon	Redondo	
10 Jacobs, Edward	Westchester	
11 Victorian, Marcus	Morningside	
12 Booque, Osiris	Santa Monica	
13 Durojaiye, Bamidele	Peninsula	
14 Duran, Derrick	Redondo	
15 Brown, Joel	Inglewood	
16 Waldman, Tyler Jeremy	Peninsula	
17 Komasa, Chris	Santa Monica	
18 Spence, Coty	Redondo	
19 Charleton, Casey	Palisades	
20 Smet, Peter	Vistamar	
21 jennewein, jon-karl	South Torran	
22 Norocea, Alex	Mira Costa	
23 Vu, Kevin	Mira Costa	

24 Mingo, Clayton	North Torran	
25 Gill, Dwan	Carson	Alt
26 Walker, Karon	Carson	Alt
27 Stewart, Derek	Torrance	Alt
28 Berry, Anthony	Inglewood	Alt
29 Johnson, Curtis	Leuzinger	Alt
30 Martinez, Joseph	North Torran	Alt
31 Melifonwu, Fred	Carson	Alt
32 Smith, Austin	Peninsula	Alt
33 Wang, Gregory Francis	Peninsula	Alt
34 Izzo, Eric	Peninsula	Alt
35 Reid, Michael	Torrance	Alt
36 Johnese, Cameron	Bishop Mntgm	Alt
37 Boudewyn, Kyle	Torrance	Alt
38 Marshall, Jermaine	Westchester	Alt
39 Kidd, Harrison	Chadwick	Alt
40 Brittain, Sammy	Torrance	Alt
41 Batarseh, Jonathan Radi	Peninsula	Alt
42 Monson, Eric	West Torrance	Alt
43 Flynn, Michael	West Torrance	Alt
44 Seo, Daniel	West Torrance	Alt
45 Yeh, Tim	Peninsula	Alt
46 Snyder, Grant Ray	Peninsula	Alt
47 Watson, Chason	Westchester	Alt

Event 45 Men 800 Meter Run Varsity

Name	School	Seed Time
1 Schermerhorn, Simon	Redondo	
2 Douville, Brett	Mira Costa	
3 Besnoin, Remington	Redondo	
4 Lewis, Preston	North Torran	
5 Lewis, Anthony	Torrance	
6 Rosales, David	San Pedro	
7 Ashimine, Scott	North Torran	
8 Bland, Dezhan	Redondo	
9 Towns, Brandon	San Pedro	
10 Toler, Elisha	Narbonne	
11 Judge, Sean	Mira Costa	
12 Cohen, Peter	Palos Verdes	
13 Unno, Justin	Palos Verdes	
14 Hafeza, Ronny	South Torran	
15 Nelson, Brandon	Santa Monica	
16 Lopez, Eric	Palisades	
17 Guizar, Mike	South Torran	
18 Suey, Michael	South Torran	
19 Borderling, Patrick	Redondo	
20 Bui, Vincent	Torrance	
21 Bybee, Michael	North Torran	
22 Yatar, Vincent	Torrance	
23 Reiger, Daniel	Palos Verdes	
24 Smith, Aaron Christopher	Peninsula	
25 Jacobs, Edward	Westchester	
26 Gaugh, Liam	Torrance	
27 Park, James	Torrance	
28 Gonzales, Edward	San Pedro	
29 Staugaard, Eric	Santa Monica	Alt

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Event 45 ...(Men 800 Meter Run Varsity)

Name	School	Seed Time
30 Gonzalez, Daniel	Redondo	Alt
31 Strnad, Edward	Redondo	Alt
32 Herold, Nick	Redondo	Alt
33 Megeff, Alexander Helton	Peninsula	Alt
34 Alvira, Anthoni	North Torran	Alt
35 Thomson, Chris	North Torran	Alt
36 West, David	Westchester	Alt
37 Ngo, Harrison	Redondo	Alt
38 Levinson, Jamie	Santa Monica	Alt
39 Lyu, David	North Torran	Alt
40 Kim, Tim	Redondo	Alt
41 Asakura, Shunsuke	Peninsula	Alt
42 Flynn, Michael	West Torranc	Alt
43 Gomez, Alfredo	Inglewood	Alt
44 Garcia, Jonathan	Inglewood	Alt
45 Woo, Terrance	North Torran	Alt
46 Palmer, Glenn	North Torran	Alt
47 Sanders, Matthew	North Torran	Alt
48 Meza, Adrian	Bishop Mntgm	Alt
49 Varghese, Reuben	Bishop Mntgm	Alt
50 Peterson, Daniel Walsh	Peninsula	Alt
51 Wang, Steve	Peninsula	Alt
52 Malone, Evan	Redondo	Alt
53 Watson, Chason	Westchester	Alt

Event 22 Men 1600 Meter Run Varsity

Name	School	Seed Time
1 Rosales, Pablo	San Pedro	
2 Lewis, Preston	North Torran	
3 Zukerman, Chase	Palos Verdes	
4 Besnoin, Remington	Redondo	
5 Diaz, Jonah	Palos Verdes	
6 Rosales, David	San Pedro	
7 Jolicoeur, Alec	Redondo	
8 Lewis, Anthony	Torrance	
9 Cajaio, Levi	North Torran	
10 Paulson, Jacob	Palos Verdes	
11 Blackshire, Bradley	Narbonne	
12 Malone, Evan	Redondo	
13 Ashimine, Scott	North Torran	
14 Sanders, Bily	Torrance	
15 Yuan, David	West Torranc	
16 Park, Steven	South Torran	
17 Bustamante, Carlos	Palisades	
18 Yatar, Vincent	Torrance	
19 Bybee, Michael	North Torran	
20 Ascensio, Ryan	Mira Costa	
21 Caracoza, Justin	Redondo	
22 Strnad, Edward	Redondo	
23 Thomson, Chris	North Torran	
24 Gonzalez, Daniel	Redondo	
25 Dunton, Alec	Palos Verdes	
26 Megeff, Alexander Helton	Peninsula	
27 Russell, Brian	North Torran	

28 Escalante, Danny	Palisades	
29 Redick, Daniel	Santa Monica	
30 Borderling, Patrick	Redondo	Alt
31 Herold, Nick	Redondo	Alt
32 Alvira, Anthoni	North Torran	Alt
33 Smith, Aaron Christopher	Peninsula	Alt
34 Lyu, David	North Torran	Alt
35 Guizar, Mike	South Torran	Alt
36 Rico, Ivan	Narbonne	Alt
37 Nakai, Jonathan Masaji	Peninsula	Alt
38 Borsook, Alec	Chadwick	Alt
39 Lebovitz, Lucas	Chadwick	Alt
40 Matsumoto, Brandon	South Torran	Alt
41 Demont, Jack	Redondo	Alt
42 Suey, Michael	South Torran	Alt
43 Velasquez, Christian	San Pedro	Alt
44 Cannata, Andrew	Bishop Mntgm	Alt
45 Ramillano, Michael	Torrance	Alt
46 Fruth, Nickolas	Torrance	Alt
47 Stearns, Jett	Palos Verdes	Alt
48 Salazar, Nick	Santa Monica	Alt
49 West, David	Westchester	Alt
50 Montoya, Steven	Mira Costa	Alt
51 Afifi, Nabil	Westchester	Alt
52 Ngo, Harrison	Redondo	Alt
53 Gonzalez, Walter A	Bishop Mntgm	Alt
54 Peterson, Daniel Walsh	Peninsula	Alt
55 Agudelo, Adrian	Torrance	Alt
56 Asakura, Shunsuke	Peninsula	Alt
57 Flynn, Michael	West Torranc	Alt
58 Calderon, Andrew	Santa Monica	Alt
59 Skjeie, Christopher	Mira Costa	Alt
60 Steinke, Nick	Redondo	Alt
61 Staugaard, Eric	Santa Monica	Alt
62 Miranda-Lavertu, Niko	Peninsula	Alt
63 Zuniga, Chris	Torrance	Alt
64 Grove, Charley	Bishop Mntgm	Alt
65 Sugay, Edren	West Torranc	Alt
66 Kubo, Jay	West Torranc	Alt
67 Kim, Tim	Redondo	Alt
68 Tomac, Kevin	West Torranc	Alt
69 Balcer, Chris	Bishop Mntgm	Alt
70 Hernandez, Alejandro	Bishop Mntgm	Alt
71 Parks, Antonio Shaq	Westchester	Alt

Event 59 Men 3200 Meter Run Champ Varsity

Name	School	Seed Time
1 Rosales, Pablo	San Pedro	
2 Cajaio, Levi	North Torran	
3 Jolicoeur, Alec	Redondo	
4 Paulson, Jacob	Palos Verdes	
5 Caracoza, Justin	Redondo	
6 Perez, Adam	Mira Costa	
7 Yuan, David	West Torranc	
8 Griffie, Drew	West Torranc	
9 Sanders, Bily	Torrance	

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Event 59 ... (Men 3200 Meter Run Champ Varsity)

Name	School	Seed Time
10 Blackshire, Bradley	Narbonne	
11 Blum, Miles	West Torranc	
12 Park, Steven	South Torran	
13 Bower, Garrett	Redondo	
14 Villascuesa, Alex	San Pedro	
15 Nakai, Jonathan Masaji	Peninsula	
16 Guizar, Mike	South Torran	
17 Thomson, Chris	North Torran	
18 Yatar, Vincent	Torrance	
19 Megeff, Alexander Helton	Peninsula	
20 Rico, Ivan	Narbonne	
21 Lyu, David	North Torran	
22 Smith, Aaron Christopher	Peninsula	
23 Fruth, Nickolas	Torrance	
24 Redick, Daniel	Santa Monica	
25 Afifi, Nabil	Westchester	
26 Lopez-Dominetta, Garett	El Segundo	
27 Ramillano, Michael	Torrance	
28 Matsumoto, Brandon	South Torran	
29 Barrow, Timothy	Mira Costa	
30 Van Biezen, Austin	El Segundo	
31 Uyama, Taylor	West Torranc	
32 Levinson, Jamie	Santa Monica	Alt
33 Quinn, Michael	South Torran	Alt
34 Agudelo, Adrian	Torrance	Alt
35 Gold, Jeremy Abraham	Peninsula	Alt
36 Cohen, Samuel	South Torran	Alt
37 Shimshi, Hadar	Santa Monica	Alt
38 Lamori, Nicolas	Santa Monica	Alt
39 Oguma, Kent	North Torran	Alt

Event 26 Men 110 Meter Hurdles Varsity

Name	School	Seed Time
1 Mendenhall, Lawrence	Westchester	
2 Bacon, Sylvester	Westchester	
3 Koger, Michael	Mira Costa	
4 Mathews, Bryant	Westchester	
5 Wang, Michael Nicholas	Peninsula	
6 Ezeakunne, Anthony	West Torranc	
7 Peters, Wayne	Carson	
8 Ito, Ryan	Peninsula	
9 Gunzenhauser, Robert	Palos Verdes	
10 Arnold, Kristian	Bishop Mntgm	
11 Hornstra, Ryan	Mira Costa	
12 Lalau, Nathaniel	Torrance	
13 Johnson, Geordan	Torrance	
14 Minor, Deion	Leuzinger	
15 Yamada, Ryan	Palos Verdes	
16 Scott, Brent	Carson	
17 Barron, Francico	Leuzinger	
18 Bloom, Dakota	South Torran	
19 Warren, Michael	Torrance	
20 Harris, Michael	Torrance	
21 Peete, Jonathan	Carson	

22 jaysinghe, rukshan	South Torran	
23 Singer, Julian	Redondo	
24 Kaddelbach, Jack	Redondo	Alt
25 Parker, Philip	Torrance	
26 Perez, Anthony	Torrance	Alt
27 Louie, Devin Charles	Peninsula	Alt
28 Zamora, Gregory	Torrance	Alt
29 Kimbro, Spencer	Redondo	Alt

Event 51 Men 300 Meter Hurdles Varsity

Name	School	Seed Time
1 Koger, Michael	Mira Costa	
2 Wallace, Gerald	North Torran	
3 Barron, Francico	Leuzinger	
4 Wang, Michael Nicholas	Peninsula	
5 Gunzenhauser, Robert	Palos Verdes	
6 Mendenhall, Lawrence	Westchester	
7 Peters, Wayne	Carson	
8 Arnold, Kristian	Bishop Mntgm	
9 Wang, Gregory Francis	Peninsula	
10 Berry, Anthony	Inglewood	
11 Minor, Deion	Leuzinger	
12 Noroce, Alex	Mira Costa	
13 Mahmood, Ahmed	El Segundo	
14 Singer, Julian	Redondo	
15 Kaddelbach, Jack	Redondo	
16 Johnson, Geordan	Torrance	
17 Ford, Jonathan Michael	Peninsula	
18 Bacon, Sylvester	Westchester	
19 Yamada, Ryan	Palos Verdes	
20 Melifonwu, Fred	Carson	
21 Ito, Ryan	Peninsula	
22 Parker, Philip	Torrance	
23 Ezeakunne, Anthony	West Torranc	
24 Fisher-Kendrick, Myles	Palisades	
25 Bloom, Dakota	South Torran	Alt
26 Peete, Jonathan	Carson	Alt
27 Harris, Michael	Torrance	Alt
28 Zamora, Gregory	Torrance	Alt
29 Chan, Louie	West Torranc	Alt
30 jaysinghe, rukshan	South Torran	Alt
31 Lalau, Nathaniel	Torrance	Alt
32 Warren, Michael	Torrance	Alt
33 Perez, Anthony	Torrance	Alt
34 Russell, Brian	North Torran	Alt
35 Moore, Barrington	Santa Monica	Alt
36 Woolson, John	El Segundo	Alt
37 Kimbro, Spencer	Redondo	Alt
38 Parks, Antonio Shaq	Westchester	Alt

Event 20 Men 4x100 Meter Relay Varsity

Team	Relay	Seed Time
1 Narbonne	A	
2 Carson	A	
3 Mira Costa	A	
4 Inglewood	A	

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Event 20 ... (Men 4x100 Meter Relay Varsity)

Team	Relay	Seed Time
5 Peninsula	A	
6 Santa Monica	A	
7 North Torran	A	
8 Redondo	A	
9 Bishop Mntgm	A	
10 Torrance	A	
11 Westchester	A	
12 South Torran	A	
13 Morningside	A	
14 Leuzinger	A	
15 West Torranc	A	
16 El Segundo	A	

Event 65 Men 4x400 Meter Relay Varsity

Team	Relay	Seed Time
1 South Torran	A	
2 Narbonne	A	
3 Mira Costa	A	
4 Redondo	A	
5 Carson	A	
6 Inglewood	A	
7 Palos Verdes	A	
8 North Torran	A	
9 Torrance	A	
10 Palisades	A	
11 Bishop Mntgm	A	
12 Westchester	A	
13 Peninsula	A	
14 West Torranc	A	
15 Santa Monica	A	

Event 10 Men High Jump Champ Varsity

Name	School	Seed Mark
1 Fisher-Kendrick, Myles	Palisades	
2 Moore, Brandon	Carson	
3 Ghaemi, Q'Marth	Palos Verdes	
4 Stephens, Kurt	Torrance	
5 Matson, Jonathan	Mira Costa	
6 Mahmood, Ahmed	El Segundo	
7 Melifonwu, Fred	Carson	
8 Wang, Michael Nicholas	Peninsula	
9 Bentz, Graham	Palos Verdes	
10 Ford, Jonathan Michael	Peninsula	
11 Scott, Brent	Carson	
12 Smith, Elvin	Leuzinger	
13 Simms, Eric	Leuzinger	
14 Austin, Tyler	Redondo	
15 Hassany, Mahmoud	Redondo	
16 Hanada, Kazuki	Peninsula	
17 Schulte, David	South Torran	
18 Stepner, Daevaughn	Leuzinger	
19 Odum, Bryce	Torrance	
20 Lalau, Nathaniel	Torrance	
21 Henry, Keenan	South Torran	

22 Surls, Ethan	West Torranc
23 Thaler, Dustin	Mira Costa
24 Goodman, Dylan	Mira Costa
25 Argo, Jacob	El Segundo
26 Roe, Michael	North Torran

Event 12 Men Pole Vault Champ Varsity

Name	School	Seed Mark
1 Holden, Anthony	Mira Costa	
2 Morrow, Ryan	Mira Costa	
3 Bentz, Graham	Palos Verdes	
4 Duprey, Neil	Mira Costa	
5 Tarrango, Jason	Redondo	
6 Quan, Jason	South Torran	
7 Lee, Daniel	Palos Verdes	
8 Ruiz, Jhonathon	Redondo	
9 Lee, B.J.	Mira Costa	
10 Martinez, Joseph	North Torran	
11 Nabeshima, Kelvin	South Torran	
12 Amberg, Zachary	Palos Verdes	
13 Wagner, Kirk	North Torran	
14 Lee, Justin	South Torran	
15 Yoshiki, Kevin	South Torran	
16 Nokes, Patrick	West Torranc	
17 Stepner, Daevaughn	Leuzinger	

Event 5 Men Long Jump Champ Varsity

Name	School	Seed Mark
1 Behan, Kevin	West Torranc	
2 Moore, Brandon	Carson	
3 Ebunilo, Valentine	Narbonne	
4 Dyson, Arthur	Carson	
5 Kim, tommy	Peninsula	
6 Hassany, Mahmoud	Redondo	
7 Melifonwu, Fred	Carson	
8 Odum, Bryce	Torrance	
9 A, Olu	Cal Aca M	
10 Ellis, Braylon	Centennial-C	
11 Leung, Matthew	Mira Costa	
12 Austin, Tyler	Redondo	
13 Onouye, Jared	Santa Monica	
14 Curry, Jonathan	Chadwick	
15 Wilson, Matthew	Vistamar	
16 Bentz, Graham	Palos Verdes	
17 Wilke, Dillon	Mira Costa	
18 Bacerril, Anthony	Cal Aca M	
19 Simms, Eric	Leuzinger	
20 Tran, Viet	Mira Costa	
21 Chambers, Richard	Westchester	
22 Procopio, Michael	El Segundo	
23 Towns, Sean	Redondo	
24 Iregule, Chudi	Chadwick	
25 Wang, Gregory Francis	Peninsula	
26 Annand, Jeremy	South Torran	
27 Thaler, Dustin	Mira Costa	
28 Ford, Jonathan Michael	Peninsula	Alt

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Event 5...(Men Long Jump Champ Varsity)

Name	School	Seed	Mark
29 Kroha, Niko	Palos Verdes		Alt
30 Featherstone, Chris	Santa Monica		Alt
31 Wang, Michael Nicholas	Peninsula		Alt
32 Stephens, Kurt	Torrance		Alt
33 Schulte, David	South Torran		Alt
34 Nguyen, Perry BJ	Peninsula		Alt
35 Nowlin, Patrick	Santa Monica		Alt
36 Roe, Michael	North Torran		Alt
37 Cassell, Lamar	Westchester		Alt
38 Chan, Louie	West Torranc		Alt
39 Casner, Christopher	El Segundo		Alt
40 Duellas, Donovan	Torrance		Alt
41 Ahn, Michael	South Torran		Alt
42 Hanada, Kazuki	Peninsula		Alt
43 Moore, Barrington	Santa Monica		Alt
44 Hamilton, Devin	Westchester		Alt
45 Nasser, Bobby	West Torranc		Alt
46 Henry, Keenan	South Torran		Alt
47 Bisignano, Jonathan	Palos Verdes		Alt
48 Kowlessar, Zionne	Torrance		Alt
49 Rogers, Eli	South Torran		Alt
50 Huang, Jason	Palos Verdes		Alt
51 Palmer, Glenn	North Torran		Alt
52 Shores, Patrick	Torrance		Alt
53 Hokama, Brandon	North Torran		Alt
54 Fujimoto, Marcus	Torrance		Alt
55 Tanaka, Spencer	Torrance		Alt
56 Gayap, Wendell	Torrance		Alt
57 Canada, Jon	Torrance		Alt

Event 6 Men Triple Jump Champ Varsity

Name	School	Seed	Mark
1 Moore, Brandon	Carson		
2 Dyson, Arthur	Carson		
3 Matson, Jonathan	Mira Costa		
4 Curry, Jonathan	Chadwick		
5 Ford, Jonathan Michael	Peninsula		
6 Leung, Matthew	Mira Costa		
7 Melifonwu, Fred	Carson		
8 Ellis, Braylon	Centennial-C		
9 Stephens, Kurt	Torrance		
10 Kowlessar, Zionne	Torrance		
11 Behan, Kevin	West Torranc		
12 Ahn, Michael	South Torran		
13 Hamilton, Devin	Westchester		
14 Nguyen, Perry BJ	Peninsula		
15 Kim, tommy	Peninsula		
16 Hassany, Mahmoud	Redondo		
17 Moore, Barrington	Santa Monica		
18 Tran, Viet	Mira Costa		
19 Chambers, Richard	Westchester		
20 Nowlin, Patrick	Santa Monica		
21 Onouye, Jared	Santa Monica		
22 Odum, Bryce	Torrance		

23 Bentz, Graham	Palos Verdes		
24 Jones, Matthew	Torrance		
25 Duellas, Donovan	Torrance		
26 Wang, Gregory Francis	Peninsula		
27 Kroha, Niko	Palos Verdes		
28 Cassell, Lamar	Westchester		Alt
29 Austin, Tyler	Redondo		Alt
30 Hanada, Kazuki	Peninsula		Alt
31 Roe, Michael	North Torran		Alt
32 Annand, Jeremy	South Torran		Alt
33 Hokama, Brandon	North Torran		Alt
34 Shores, Patrick	Torrance		Alt
35 Fujimoto, Marcus	Torrance		Alt
36 Tanaka, Spencer	Torrance		Alt
37 Gayap, Wendell	Torrance		Alt
38 Huang, Jason	Palos Verdes		Alt
39 Bisignano, Jonathan	Palos Verdes		Alt
40 Palmer, Glenn	North Torran		Alt

Event 9 Men Shot Put Champ Varsity

Name	School	Seed	Mark
1 Daou, Joe	Santa Monica		
2 Kevenga, Junior	Leuzinger		
3 Tavai, J.R.	Mira Costa		
4 Probasco, Marcus	Mira Costa		
5 Tavai, Jordan	Mira Costa		
6 Ayote, Bryan	West Torranc		
7 Coker, Justin	Santa Monica		
8 Skipps, Rheid	South Torran		
9 Campbell-Richardson,	Redondo		
10 Shepard, Desmond	Narbonne		
11 Iheanacho, Kolmus	Palisades		
12 Kim, tommy	Peninsula		
13 Henggeler, Daniel	West Torranc		
14 Nardoni, Matt	Palos Verdes		
15 Bengan, Erwin	Torrance		
16 Baytosh, Jayson	Redondo		
17 Sharp, Justin	Inglewood		
18 Jawanza, Hakeem	Palisades		
19 Nazarian, Arik	West Torranc		
20 Gonzalez, Michael	West Torranc		
21 Meza, Adrian	Bishop Mntgm		
22 Bongiovanni, Taylor	Redondo		
23 Wagner, Leif	North Torran		
24 Gonzalez, Christopher	Redondo		
25 Larsen, Matthew	El Segundo		
26 Utton, Shane	Redondo		
27 Krauss, Ben	Chadwick		Alt
28 Plymell, Michael	Palos Verdes		Alt
29 Bastasch, Beau	Palos Verdes		Alt
30 Clemente, Armando	El Segundo		Alt
31 Godfrey, Corey	Westchester		Alt
32 Kassem, Tarek	Santa Monica		Alt
33 Lewis, Jonathan	Chadwick		Alt
34 Solorzano, Jeremy	Redondo		Alt
35 Jones, Shaun	Westchester		Alt

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Event 9 ... (Men Shot Put Champ Varsity)

	Name	School	Seed Mark
36	Lee, James	Palos Verdes	Alt
37	Lim, Alvin	Palos Verdes	Alt
38	Solis, Vincente	Torrance	Alt
39	Gatewood, Matthew	North Torran	Alt
40	Beck, Carter	Peninsula	Alt
41	Feghan, Larry	Chadwick	Alt
42	Lee,, John	West Torranc	Alt
43	Hsu, Justin	Chadwick	Alt
44	Kassardjian, Ari	Chadwick	Alt
45	Park, James	Peninsula	Alt
46	Jones, Matthew	Torrance	Alt
47	Arakaki, Justin	North Torran	Alt
48	Levingston, Dontae	Narbonne	Alt
49	Hogan, Donovan	Westchester	Alt
50	Spaine, Phil	Narbonne	Alt
51	Mcclain, Anthony	Narbonne	Alt

Event 3 Men Discus Throw Champ Varsity

	Name	School	Seed Mark
1	Henggeler, Daniel	West Torranc	
2	Daou, Joe	Santa Monica	
3	Kevenga, Junior	Leuzinger	
4	Tavai, J.R.	Mira Costa	
5	Probasco, Marcus	Mira Costa	
6	Tavai, Jordan	Mira Costa	
7	Ayote, Bryan	West Torranc	
8	Coker, Justin	Santa Monica	
9	Skipps, Rheid	South Torran	
10	Heshel, Daniel	Santa Monica	
11	Gonzalez, Michael	West Torranc	
12	Nazarian, Arik	West Torranc	
13	Kim, tommy	Peninsula	
14	Wagner, Leif	North Torran	
15	Lee,, John	West Torranc	
16	Nardoni, Matt	Palos Verdes	
17	Tumanuvao, Joseph	Torrance	
18	Gonzalez, Christopher	Redondo	
19	Baytosh, Jayson	Redondo	
20	Jones, Matthew	Torrance	
21	Bensan, Erwin	Torrance	
22	Beck, Carter	Peninsula	
23	Utton, Shane	Redondo	
24	Lee, James	Palos Verdes	
25	Bastasch, Beau	Palos Verdes	Alt
26	Lim, Alvin	Palos Verdes	Alt
27	Larsen, Matthew	El Segundo	Alt
28	Clemente, Armando	El Segundo	Alt
29	Park, James	Peninsula	Alt
30	Solorzano, Jeremy	Redondo	Alt
31	Bongiovanni, Taylor	Redondo	Alt
32	Arakaki, Justin	North Torran	Alt
33	Stalls, Jordan	El Segundo	Alt
34	Gatewood, Matthew	North Torran	Alt