LOUIS ZAMPERINI INVITATIONAL

February, 27, 2016
Zamperini Stadium:
2125 Lincoln Ave.
Torrance, CA 90502

Start Time:
Zamperini 5000m – 9:30am
Field Events: 10am
4x800 follows 5000m

Entry Fee: $175 entire team

Unlimited entries per event
Relay teams (A – Z)

www.thstf.com/zamperini
www.thstf.com/directions

Events and Order:
5000m – 9:30am
4x800
8x200
1600
SMR
1000m
SMR-800
DMR
Pole Vault
Shot Put
Disc
L.J.
H.J.

Medals: top 3 overall in each event, per division, except 1600 & 5000.

Entries: EPI Sports
Deadline: Thursday 2/25/16 by 11 PM.

Entry Fee: $175 – Team
Due: Monday 2/22/16
Checks: THS Track

Mail: Kyle Irvine
THS Track and Field
2200 W. Carson St.
Torrance 90501

DIRECTIONS TO FIELD:
Traveling north or south on 405 Freeway take Crenshaw off-ramp south to Carson Street. Turn left and continue to Plaza del Amo (1st signal). Turn right on Plaza Del Amo and continue past the back of the school to Arlington Street. Turn right on Arlington, go to the first street past the railroad tracks (Lincoln St.) and turn right on to Lincoln. Proceed on Lincoln to the athletic field, which is across from Torrance Elementary School.

Contact:
Kyle Irvine
310-283-1878 - cell
lsa4522@startmail.com

Louis Zamperini Invitational

Where: Zamperini Stadium
2125 Lincoln Ave.
Torrance, Ca.

Directions: www.thstf.com/directions

Format: Early season low key meet to honor the legacy of Louis Zamperini. All relays except the Zamperini 5000, 1600, 1000 and field events

Date: Saturday - February 27, 2016

Start Time: 9:30 am – 5000m
Field Events – 10am – PV, SP, DISC, HJ, LJ
4x800 follows 5000m

Levels: Varsity & F/S - Boys & Girls

Events: Zamperini 5000m (two races), 4x800, 8x200, 1600m (two races), 1000m
SMR (3, 3, 6, 4), DMR, SMR (1, 1, 2, 4), PV (5 alive), SP, DISC, HJ, LJ

Medals: top 3 overall in all events, exception 1600m & 5000m top 3 each race

Entries: Entries online at EPI Sports – Unlimited in all events
Deadline - Thursday 2/25/16 by 11pm

Entry Fee - $ 175.00 per team (make check out to THS Track) due by Monday, Feb 22, 2016.

Mail: THS Track & Field - Attn: Kyle Irvine
2200 W. Carson St.
Torrance, Ca. 90501

Website: www.thstf.com

Contact: Kyle Irvine – (310) 283-1878 or isa4522@startmail.com

Order of Events: Running
5000m – **9:30am**
4x800 – **follows**
8x200
1600m
SMR
1000m
SMR – 800
DMR

Field: 10am
Pole Vault – F/S – G, V/G, F/S – B, V/B
Shot – V/B, F/S – B, F/S – G, V/G
Disc – VG, F/S – G, F/S – B, V/B
H.J. – OPEN – 3'8" starting height
L.J. – Boys– PIT #1 (Varsity, F/S)
Girls – PIT #2 (Varsity, F/S)

Approximate:

Event # 1	9:30am	5000m - Boys
Event # 2	9:50am	5000m - Girls
Event # 3	10:20am	4x800 - F/S B
Event # 4	10:40am	4x800 - F/S G
Event # 5	11:00am	4x800 - VG
Event # 6	11:15am	4x800 - VB
Event # 7	11:30am	8x200 - F/S B
Event # 8	11:40am	8x200 - F/S G
Event # 9	11:50am	8x200 - VG
Event #10	12:00pm	8x200 - VB
Event #11	12:10pm	1600m - Boys
Event #12	12:20pm	1600m - Girls
Event #13	12:30pm	SMR - F/S B
Event #14	12:35pm	SMR - F/S G
Event #15	12:40pm	SMR - VG
Event #16	12:45pm	SMR - VB
Event #17	12:50pm	1000m - Boys
Event #18	1:00pm	1000m - Girls
Event #19	1:10pm	SMR(800) - B
Event #20	1:15pm	SMR(800) - G
Event #21	1:20pm	SMR(800)- VG
Event #22	1:25pm	SMR(800)- VB
Event #23	1:30pm	DMR - F/S B
Event #24	1:45pm	DMR - F/S G
Event #25	2:00pm	DMR -VG
Event #26	2:15pm	DMR - VB

Pole Vault	**5/ALIVE**		**Opening HT**
Event # 27	F/S G	9:30am	5'5"
Event # 28	VG		7'
Event #29	F/S B		8'
Event #30	VB		10'
High Jump	**OPEN**		**Opening HT**
Event # 31	F/S G	10:00am	3' 8"
Event # 32	VG		
Event # 33	F/S B		
Event # 34	VB		
Long Jump			**Two Pits**
Event # 35	VB	10:00am	# 1
Event # 36	F/S B	12:00pm	# 1
Event # 37	VG	10:00am	# 2
Event # 38	F/S G	12:00pm	# 2
Shot Put			
Event # 39	V/B	10:00am	
Event # 40	F/S B		
Event # 41	F/S G		
Event # 42	VG		
Discus			
Event # 43	VG	10:00am	
Event # 44	F/S G		
Event # 45	F/S B		
Event # 46	V/B		